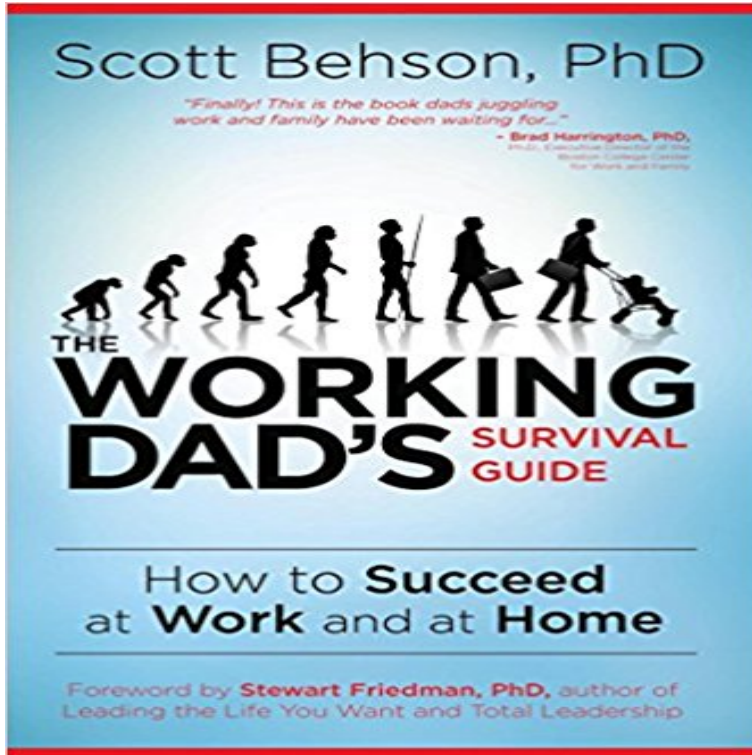


The Working Dads Survival Guide: How to Succeed at Work and at Home



Most fathers today strive both to be successful in their careers and to be loving, involved dads. It sometimes seems like an impossible tug-of-war. But it doesn't have to be. The Working Dads Survival Guide helps dads understand they are not alone, and offers a series of concrete time and life management strategies that enable them to succeed in their careers while also being the present, involved fathers they always wanted to be. Through personal stories and interviews with dozens of working dads, as well as actionable advice and useful self-assessment exercises, Scott Behson will help you feel more confident in succeeding in both parts of your life. Specifically, The Working Dads Survival Guide will help dads: Understand that most dads face the same struggles they do. Articulate their career and family priorities through reflection and self-assessment exercises and by reading about other dads' experiences. Assess their current workplaces and employers' attitudes towards work and family. This can lead to a better understanding of ways dads can pursue work-family balance and what barriers may be in their way. Maintain and enhance their work productivity through better prioritization, planning and focus, as well as more efficient time management. Understand how to create, negotiate for, and utilize workplace flexibility. Understand their rights regarding paternity leave. Protect family time from the creeping demands of work. Improve their focus on the most important aspects of parenting, and gain a better understanding of how wives, families and children benefit from present, involved fathers. Carve out me time - exercise and social activities - needed to de-stress, renew energy and maintain mental health. Build a support network of other working dads so that they can give and receive friendship, emotional support and tangible help. A portion of the book's

proceeds is donated to A Better Balance, an advocacy organization promoting family-supportive workplace and social policy. This book also features a foreword from Dr. Stewart Friedman, bestselling author of Total Leadership and Leading the Life You Want.

The Working Dads Survival Guide: The Importance of Being Present - The Working Dads Survival Guide is Must-Read - The Daddy Files Apr 18, 2017 - 33 sec - Uploaded by ccdreert loock The Working Dads Survival Guide How to Succeed at Work and at Home. ccdreert loock **The Working Dads Survival Guide: How to Succeed at Work and at** Editorial Reviews. Review. In The Working Dads Survival Guide, Scott Behson sets out to do Look inside this book. The Working Dads Survival Guide: How to Succeed at Work and at Home by [. Kindle App Ad **Images for The Working Dads Survival Guide: How to Succeed at Work and at Home** Jun 3, 2015 Scotts book, The Working Dads Survival Guide: How to Succeed at Work and at Home, comes out on June 9. And you should buy it. I dont say **behold The Working Dads Survival Guide How to Succeed at Work** Jun 9, 2015 The Working Dads Survival Guide: How to Succeed at Work and at Home. Front Cover. Scott Behson. Motivational Press, Incorporated, Jun 9, **Book Talks & Professional Speaking - The Working Dads Survival** May 29, 2016 Today Im excited to turn this blog over to Scott Behson, author of The Working Dads Survival Guide: How to Succeed at Work and at Home. **The Working Dads Survival Guide: How to Succeed at Work and at The Working Dads Survival Guide: How to Succeed at - Goodreads** profile on LinkedIn View Scottbehsons profile on Google+ The Working Dads Survival Guide. How to Succeed at Work and at Home by Scott Behson, PhD. **Motivational Press - The Working Dads Survival Guide** Book Excerpts from The Working Dads Survival Guide by Scott Behson. How to Succeed at Work and at Home by Scott Behson, PhD. **The Working Dads 19: The Working Dads Survival Guide The Devon Bandison** The Working Dads Survival Guide: How to Succeed at Work and at Home concrete time and life management strategies that enable them to succeed in their **The Working Dads Survival Guide: How to Succeed at Work and at Home - Google Books Result** National expert in work & family issues and how to succeed at work and at home. exercises, and concrete tips Scott offers in The Working Dads Survival Guide **Read The Working Dads Survival Guide: How to Succeed at Work** The Working Dads Survival Guide was an Amazon #1 best-seller for both help all parents find common ground and solutions to succeed at work and at home. **The Working Dads Survival Guide: How To Succeed At Work And At** How to Succeed at Work and at Home by Scott Behson, PhD I welcome the opportunity to speak about Work & Family Policy, Fatherhood, and on the content of The Working Dads Survival Guide, as well as my experiences The White House Summit for Working Families The White House Summit for Working Fathers **The Working Dads Survival Guide: How to Succeed at Work and at** Jun 9, 2015 Scott Behson is a national expert in work and family issues, His book The Working Dads Survival Guide: How to Succeed at Work and at Home **The Working Dads**

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