

Hen of the Woods & Other Wild Foods and Medicines: A Guided Tour Including Folklore



A living legend, Wildman Steve Brill leads us on a lively and entertaining tour through the Northeastern United States as he shares tips on foraging in densely populated areas like New York's Central Park and rural areas throughout New England. We follow the seasons: wild ramps in the spring, the first mushrooms of summer, and in autumn, wild edible berries in Central Park - more than you'll find at your local supermarket! - plus roots and nuts you can keep all winter long. Steve provides the historical background of these plants and their various uses by American Indians and early settlers, plus their current medicinal and culinary uses today. The Wildman will teach the home cook at any level how to use these foraged foods in everyday meals, whether sprinkled on a salad or baked into a delicious dessert. And perhaps most importantly, you'll never pay \$7.99 for cherries again once you learn to locate them in the wild to pick yourself. Steve Brill has led thousands of tours and offers tips on how to include the entire family on a foraging tour of your own so you can teach your children about conservation and the environs around them. For anyone who has a curiosity about the outdoors or a fondness for food, this original audio makes an ideal companion.

Wild Food in the City and Country: 4 New Books about Foraging : Hen of the Woods & Other Wild Foods and Medicines: A Guided Tour Including Folklore: Steve Brill, Susan Boyce: ?? . Folklore Medicine Hen of the Woods & Other Wild Foods and Medicines: A Guided Tour Including Folklore Steve Brill has led thousands of tours and offers tips on how to include the entire family on a foraging tour of your own so you can **Hen of the Woods & Other Wild Foods and Medicines - Alibaba** : Hen of the Woods & Other Wild Foods and Medicines: A Guided Tour Including Folklore (Audible Audio Edition): Steve Brill, Susan Boyce, Inc. : **Audio CD - Herbal Remedies / Alternative Medicine** Hen of the Woods & Other Wild Foods and Medicines: A Guided Tour Including Folklore. Upplasare: Wildman Steve Brill Upplasare: Susan Boyce. cd-bok : **Audio CD - Plants / Biological Sciences: Books** Hen of the Woods & Other Wild Foods and Medicines: A Guided Tour Including Folklore. Hen of the Woods & Other Wild Wildman Steve Brill, Susan Boyce **Booktopia - Cooking, Food & Drink Audio Books. Buy discount** May 30, 2013 Hen of the Woods & Other Wild Foods and Medicines: A Guided Tour Including Folklore. Who wrote it: Wildman Steve Brill Who published **Wildman Steve Brill Teams Up with AudioGO for a New Audio** Hen of the woods & other wild foods and medicines : a guided tour including folklore. View the summary of this work. Bookmark:

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