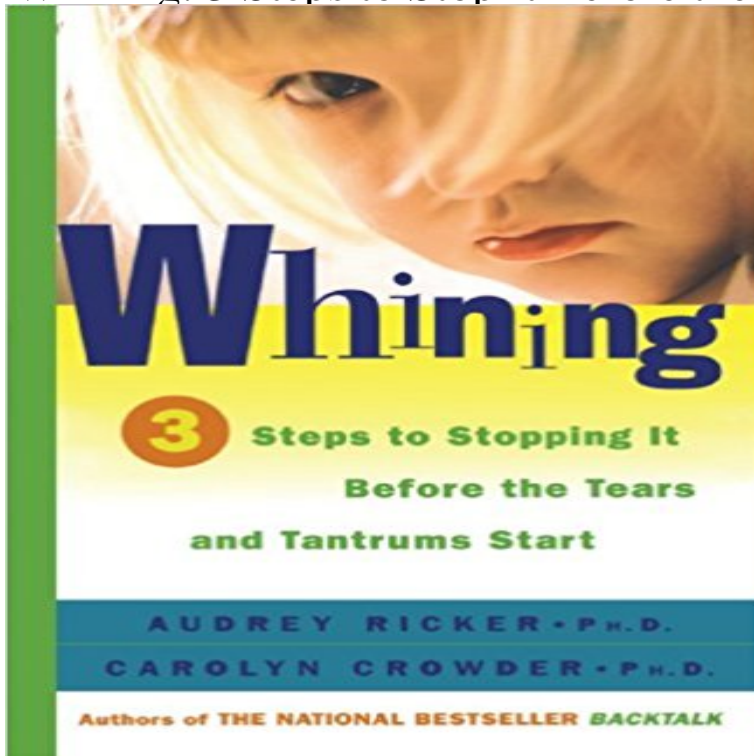


## Whining: 3 Steps to Stop It Before the Tears and Tantrums Start



Are you ready to end the whining wars in your house? It starts with a whimper, an insistent demand, or a certain tone of voice that every parent recognizes with dread -- your child is starting to whine, and if you don't respond properly you'll have a full-blown tantrum or argument on your hands. Kids of all ages know that whining works when they want that extra hour of TV, the unplanned toy purchase, or a later curfew. But stopping such behavior without giving in to a child's demands isn't easy, and if left unchecked, whining can lead to constant disruptions at home, in school, or anywhere else your child chooses. Now the same authors who solved a common parenting problem in the national bestseller *Backtalk* present three proven methods for putting an end to whining, as well as information on \* The best ways to react when your child whines in a public place \* Why negotiating and giving in never work -- and what you should do instead \* What kids are really trying to tell you when they whine \* Why whining can lead to poor self-esteem and unsatisfying social relationships -- which can follow your child into adulthood -- and what you can do about it now \* How to clearly, respectfully indicate to your child what's important to you and why whining will no longer work as a means of communication Filled with numerous real-life examples, encouraging advice, and simple steps you can start using immediately, this invaluable guide will help you end the cycle of giving in to whining only to have your child do it again, and instead replaces misbehavior with effective, meaningful, and loving parent-child communication.

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