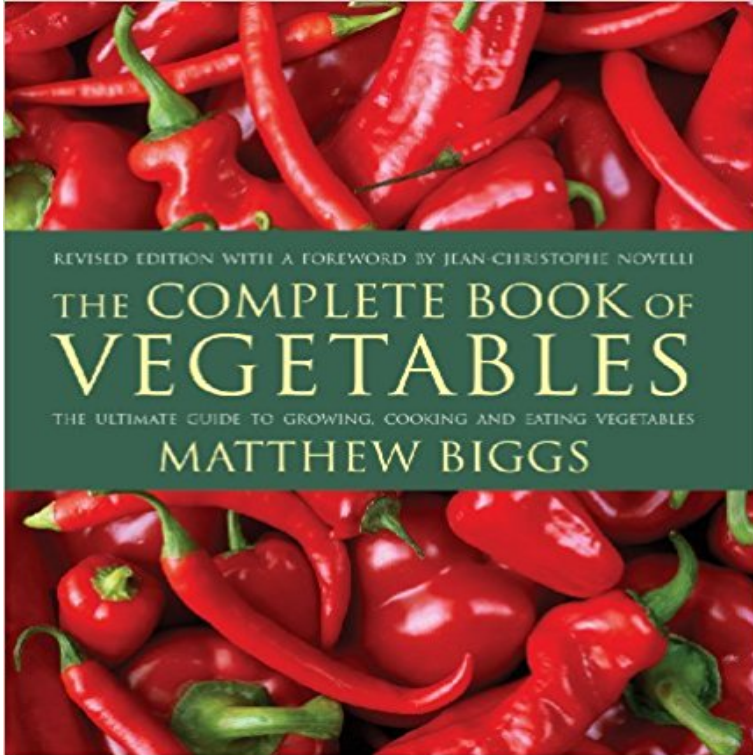


# The Complete Book of Vegetables: The Ultimate Guide to Growing, Cooking and Eating Vegetables



Praise for Vegetables, Herbs and Fruit, by Matthew Biggs and others: Solid gardening tips and tempting recipes ... enough to teach even experienced gardeners new tricks. -- American Reference Books Annual In this encyclopedic guide, master gardener Matthew Biggs shows home gardeners how to grow a broad range of vegetables, from the traditional and most popular to the unusual and rare. In addition, celebrated chef Jean-Christophe Novelli provides delicious recipes that use the abundant harvest. This all-in-one resource features: An illustrated A-to-Z directory with detailed notes on hundreds of varieties that is organized into 80 vegetable families Unusual, exotic and rare vegetables for the home garden Directory of disease-resistant vegetables Hundreds of color photographs Practical gardening tips, including information on planning, soil, fertility, watering, crop rotation, growing systems, propagation and weed and pest control Expert advice on garden cultivation and maintenance, harvesting and storing A history of vegetable growing The ornamental vegetable garden, micro-greens, mini vegetables and making vegetable dyes A comprehensive lists of suppliers and prize-winning vegetables The Complete Book of Vegetables is a comprehensive guide for home gardeners.

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