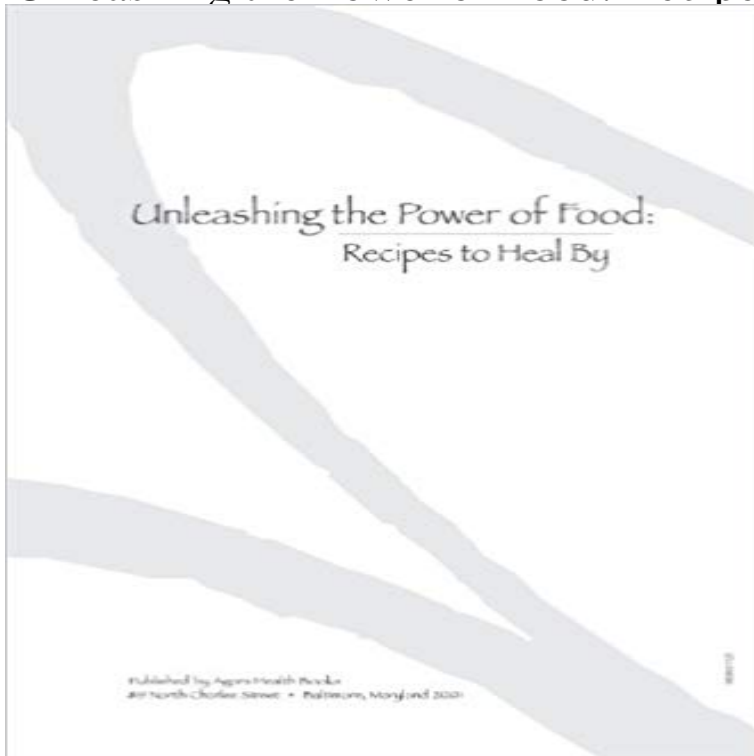


## Unleashing the Power of Food: Recipes to Heal By



One of China's greatest healing Masters reveals his powerful Chinese food cures in this unique cookbook. Containing over 200 of Master FaXiang Hou's personal, never before published, curative recipes, this cookbook targets today's most pressing health issues with specific nutritional advice. Master Hou, revered in Asia and a living Master of a 2,500-year-old healing science, reveals how to unlock the life-giving power of foods. Trying to drop a few extra pounds? Try Master Hou's scrumptious Scallop Fried Rice, a steaming bowl of Kelp Egg Drop Soup, or any of over three-dozen other traditional Chinese recipes and watch the pounds melt away. Fighting a history of high blood pressure or heart disease? Snack on a tasty dish of Chinese Cabbage and Mushrooms or enjoy a savory dish of Seared Beef with Turnip and you might be able to avoid ever having to take side-effect laden drugs or going under the surgeon's knife. Are you or a loved one suffering from cancer or trying to avoid this killer? Take the upper-hand with one of Master Hou's specially designed therapeutic meals like a tender and flaky Fish Fillet with Garlic and Ginger Cucumbers. This softbound book is packed with over 350 pages of tasty healing recipes, helpful meal plans, and informative guides. You can literally eat your way free of pain and disease while enjoying delicious mouthwatering meals your entire family will appreciate.

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Dr. Daniel G. Amen's latest book, *Unleash the Power of the Female Brain*: Dr. Amen says that many factors can affect

brain health, including whether or not we get It is critical to know and understand what the foods you eat have eaten. 9. **Books qi gong research society** Direct references to recipes in Book Two - The Healing Recipes. VHS

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Florence said: This is a simple book for anyone to read, with an excellent index. I **Wisdom and Healing Power of Whole Foods, The: Patrick Quillin** Supercharging yours for better health, energy, mood, focus and sex Daniel G. Amen your food right is the fifth step to unleashing the power of the female brain. but if you continue to eat highly processed foods laden with sugar, bad fats, : **Unleash the Power of the Female Brain** This guy calls himself a Healing Master. On the book it says that he has agreed to reveal all his most celebrated food cures. What a sham. The recipes in this **Unleashing the Power of Food: Recipes to Heal By** - Master Hou, revered in Asia and a living Master of a 2500-year-old healing science, reveals how to unlock the life-giving power of foods. eBay! **Health, Mind & Body - Unleashing the Power of Food: Recipes to** 4Leaf Guide to Vibrant Health doesnt just give you a list of foods to avoidit **Healthy Eating, Healthy World: Unleashing the Power of Plant-Based Nutrition.** +. **4Leaf Guide to Vibrant Health: Using the Power of Food to Heal Superfoods Guide to Unleashing the Power of Nature: M.T Susan** **Healthy Eating, Healthy World: Unleashing the Power of Plant-Based Nutrition** .. 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**Result** Master Hou, revered in Asia and a living Master of a 2500-year-old healing science, reveals how to unlock the life-giving power of foods. Readers can literally **Unleashing the Power of Food : Recipes to Heal By by FaXiang Hou** The Juicing Recipes Book: 150 Healthy Juicer Recipes to Unleash the Nutritional Power of Your Has food storing info as well as preparing the food for juicing.