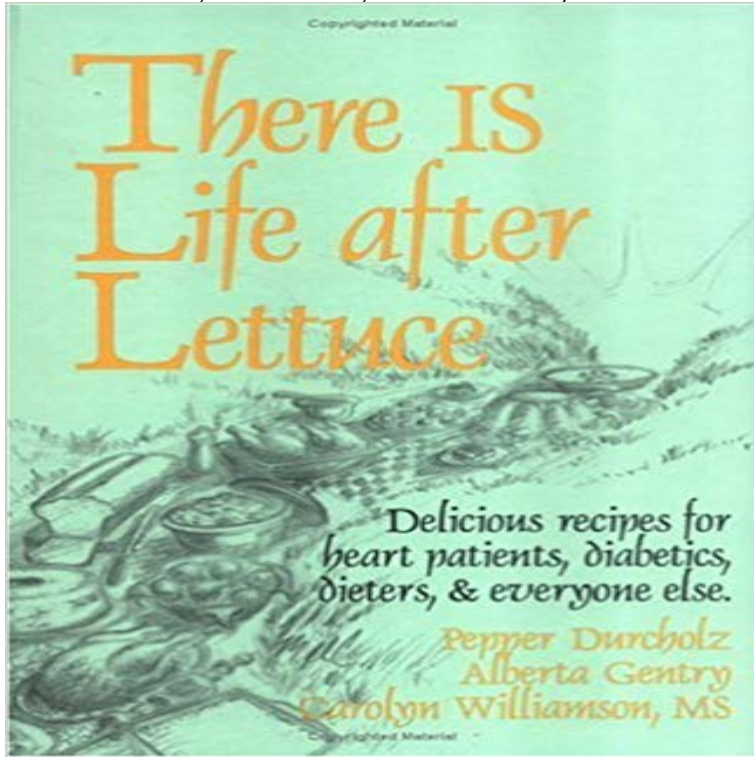


# There Is Life After Lettuce: Delicious Recipes for Heart Patients, Diabetics, Dieters, and Everyone Else



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