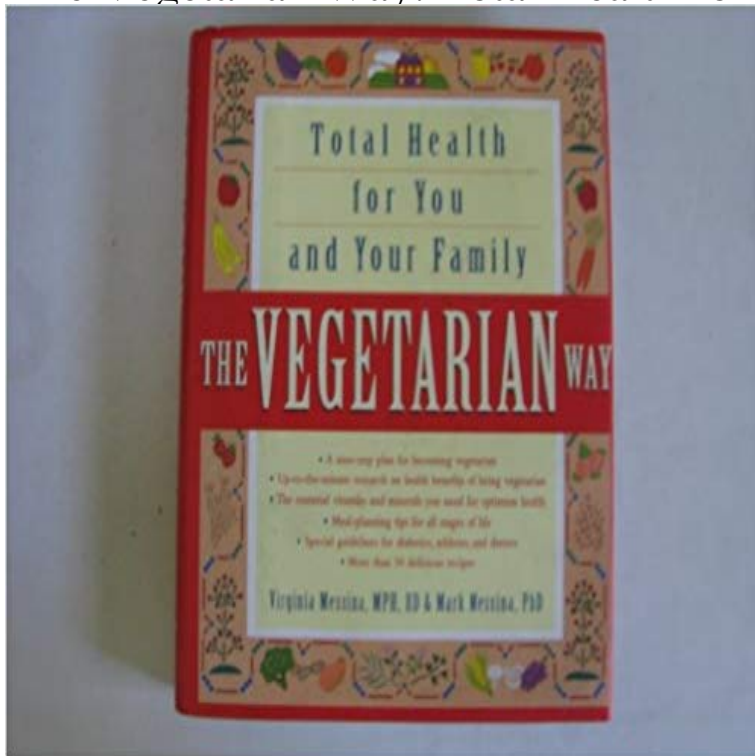


# The Vegetarian Way: Total Health for You and Your Family



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