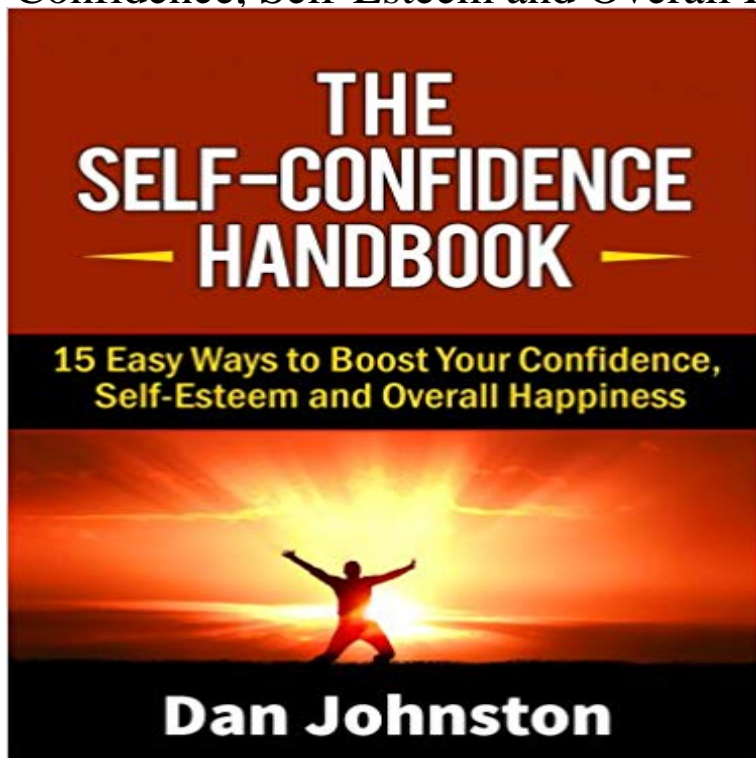


The Self-Confidence Handbook: 15 Easy Ways to Boost Your Confidence, Self-Esteem and Overall Happiness



15 Easy Ways To Boost Your Self-Confidence Fast I Believe Anyone Can Become Confident Easily and Quickly With These Proven Principles You could be just a few hours away from new levels of confidence and high self-esteem! In this book you will learn: How To Master The Four Key Influencers of Self-Confidence In this inspiring book by Dan Johnston, you will learn the four keys to mastering self confidence by controlling the four key influencers that determine how you feel about yourself and how you act. Once youve mastered these four simple keys, youll be a more confident and successful person. How To Use Goal-Setting To Raise Your Confidence Levels Dramatically With this simple goal-setting and goal-achieving system, you can increase your confidence drastically by becoming a more productive person and living at your highest levels of self-expression and personal success. How To Embrace Your Faults and Use Them As Fuel For Your Success Youll learn how to embrace your faults and weaknesses and use them to catapult you to a whole new level of success. Instead of complaining, moaning and whining about your faults and shortcomings, youll finally understand how to use them to not only boost your confidence and self-esteem but your levels of achievement and success as well. Program Yourself Subconsciously To Become More Confident and Successful Youll also learn how to program your subconscious mind to create more confidence, success and happiness in your life through a simple process of modeling other successful people. Whether you want to be rich, travel the world, have a great marriage or just feel more empowered, youll be able to easily improve the speed at which you achieve your goals and dreams through this simple and easy-to-implement process. About The Author Dan Johnston is a #1 international best-selling author,

public speaker and recognized expert in the field of confidence and personal transformation. Dan has been a student of psychology, personal change and social interaction for over a decade. His passion for helping others feel and be their best has been the fuel of his study and understanding of how people work. Today he earns his living through writing, speaking and coaching. Dans educational background includes a degree in Psychology from a world renowned University, training with Anthony Robbins at his Leadership Academy, and NLP Practitioner Training with Harry Nichols, the only trainer Richard Bandler, the original creator of NLP, has ever personally recruited and trained. In his personal life, Dan loves to travel, study new cultures and stay fit. He has been a Big with Big Brothers for over 4 years. Dan and his Little enjoy activities ranging from go-karting and paintball to hiking and boating.

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