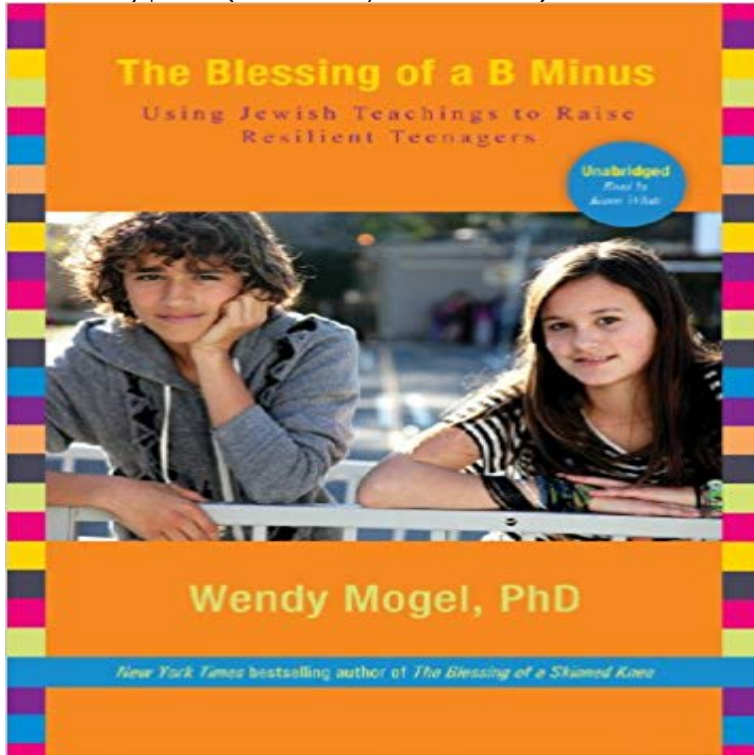


The Blessing of a B Minus: Using Jewish Teachings to Raise Resilient Teenagers (Library Edition)



[This is the Audiobook CD Library Edition in vinyl case.] [Read by Karen White] New York Times bestselling author, internationally known clinical psychologist, and lecturer Wendy Mogel returns with a revelatory new book on parenting teenagers. Mogel's sage advice on parenting young children has struck a chord with thousands of readers and made her one of today's most trusted parenting authorities. Now, in a long-awaited follow-up, Mogel addresses the question she hears most frequently: what to do when those children become teenagers, their sense of independence and entitlement grows, the pressure to compete and succeed skyrockets, and communication becomes fraught with obstacles. With warmth, wit, and her signature combination of Jewish teachings and psychological research, Mogel helps parents ably navigate the often rough journey through the teenage years and guide children to become confident, resilient young adults. By viewing the frustrating and worrisome elements of adolescence as blessings, Mogel reveals that they are, in fact, necessary steps in psychological growth and character development to be met with faith, detachment, and a sense of humor rather than over-involvement and anxiety. Mogel gives parents the tools to do so and offers reassuring spiritual and ethical advice on:

- * why influence is more effective than control
- * teenage narcissism
- * living graciously with rudeness
- * the value of ordinary work
- * why risk is essential preparation for the post-high school years
- * when to step in and when to step back
- and
- * a sanctified approach to sex and substances.

An important and inspiring book that will fortify parents through the teenage years, *The Blessing of a B Minus* is itself a blessing.

The Blessing of a B Minus: Jewish teachings to raise resilient Apr 24, 2017 - 31 sec - Uploaded by Danila Blessing of a B Minus Using Jewish Teachings to Raise Resilient Teenagers Library **The Blessing of a B Minus Using Jewish Teachings to Raise** The Blessing of a B Minus: Jewish teachings to raise resilient teenagers Using a framework of nine blessings, clinical psychologist and educator Wendy **The Blessing of a B Minus: Using Jewish Teachings to Raise** Sep 13, 2011 The Blessing of a B Minus: Using Jewish Teachings to Raise Resilient Teenagers See All Formats & Editions The Guide for the Perplexed (Barnes & Noble Library of Essential Reading) often rough journey through the teenage years and guide children to becoming confident, resilient young adults. **The Price of Privilege: How Parental Pressure and Material** **The Blessing of a B Minus: Using Jewish Teachings to Raise** I was hooked on this book by its title: The Blessing of a B Minus: Using Jewish Teachings to Raise Resilient Teenagers. 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