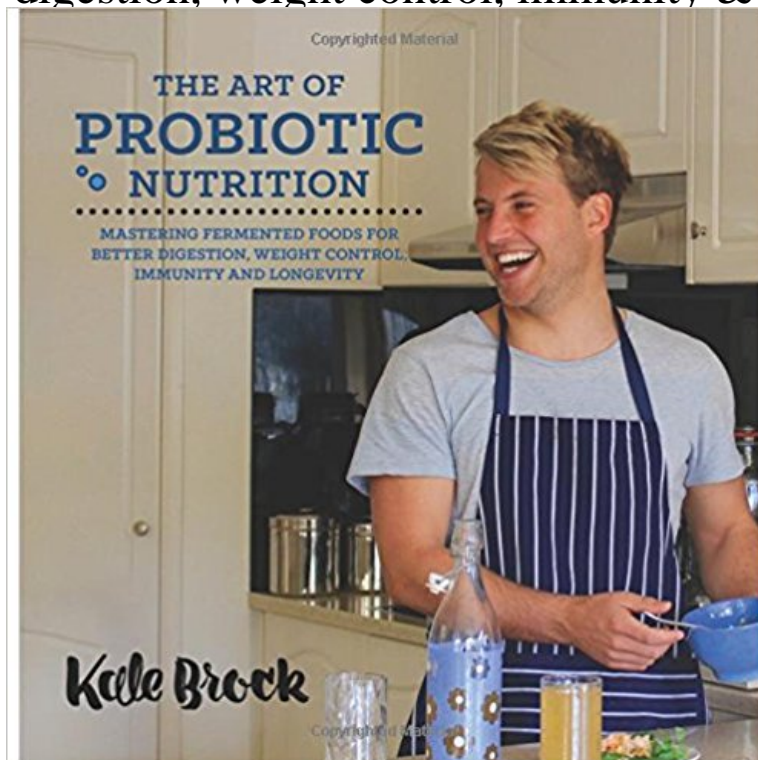


# The Art of Probiotic Nutrition: Mastering fermented foods for better digestion, weight control, immunity & longevity.



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