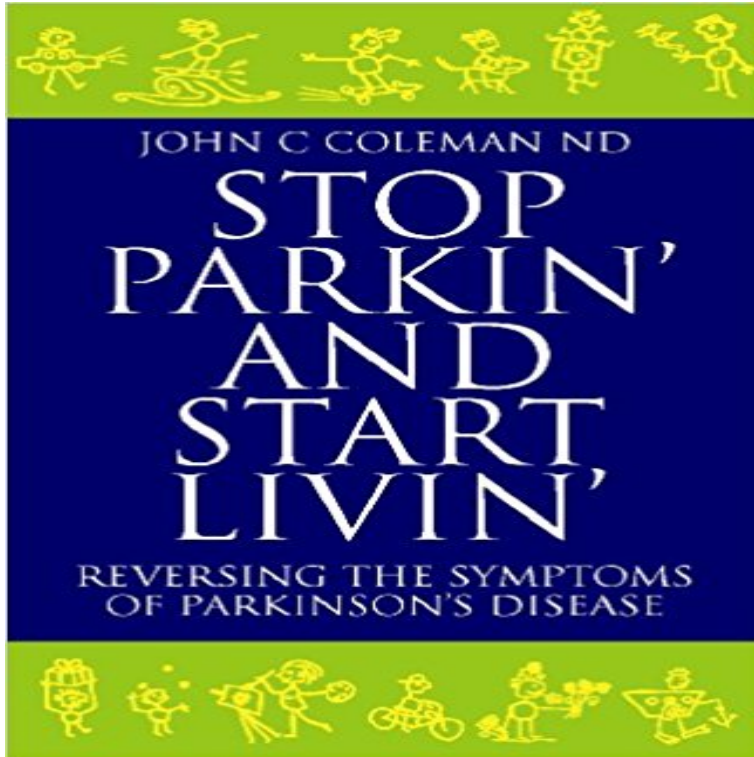


# STOP PARKIN, AND START LIVIN: Reversing the Symptoms of Parkinsons Disease



The author John Coleman recovered from stage IV Parkinsons Disease. John is a Naturopath who now travels the world lecturing and conducting workshops at various health organisations on reversing the symptoms of Parkinsons disease. This book covers all aspects, from diagnosis through to the parts played by stress, diet, household chemicals, relaxation, contemplation, meditation, exercise, sexuality, medication, naturopathic remedies and an important part of the recovery, the Aqua Hydration formulas. Thousands of copies have been sold to date with people coming from around the world to attend the authors workshops.

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