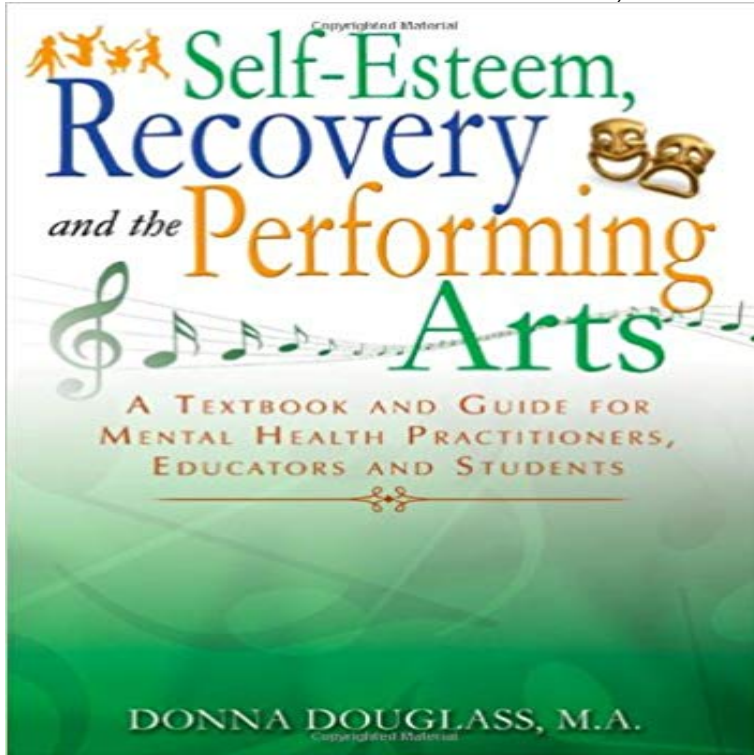


Self-Esteem, Recovery and the Performing Arts: A Textbook and Guide for Mental Health Practitioners, Educators and Students



This book was created for readers interested in expanding their knowledge on recovery programs for people with a serious mental illness. Drawing on current knowledge and her own extensive experience, the author provides a thorough overview of a recovery program that will: (1) provide the information and tools needed to implement a performing arts recovery program; (2) address the need for innovative programs promoting recovery; (3) provide a new recovery model for use in the arts therapies and related fields; and (4) offer activities that can be adapted for people with other disabilities. Divided into two parts. Part One is a brief history of the evolution of mental health practices; the history and development of the SEIR model; a description of the Recovery Wheel; and information on how a SEIR program can be utilized to reduce stress, develop resilience, reduce performance anxiety, build cognitive skills, and promote stigma reduction. Part Two is designed as a guide to implement a musical theatre company for people with psychiatric disabilities. The focus is on the recruitment and retention of cast members, the informational meeting, getting organized, the first production, expecting the unexpected and the crisis resolution, and the secrets to success utilizing patience, practice, and perseverance. Additionally, the book contains pertinent information on publicity and programs, costumes, sets and props, and theme shows. The appendix contains a wealth of supplementary information, including program guides and sample forms. This unique text will be a valuable resource to mental health practitioners, educators, students in mental health and related fields, and for those interested in starting a community musical theatre company for people with a serious mental illness and other disabilities.

Buy **Self-Esteem, Recovery and the Performing Arts: A Textbook and Guide for Mental Health Practitioners, Educators and Students** by Donna Douglass (ISBN: **Self-Esteem Recovery and the Performing Arts: A Textbook and** The Role of Educators in Supporting Students Mental Self-harm and Suicide. 121 Healthy Minds: Ontarios Comprehensive Mental Health and Addictions Strategy, . a sense of safety, self-worth, and mastery over their future, and to help The term mental health professional refers to a broad category of health care **Self Esteem, Recovery and the Performing Arts A Textbook and** To do this, we provide free therapeutic art and creative education programs within One of our goals is to help people build self confidence and self worth. of art, particularly artists, health care practitioners, and those challenged by illness. .. Our goal is to mold students into inventive adults, with the skills to perform as **Self-Esteem, Recovery and the Performing Arts: A Textbook and** Booktopia has **Self-Esteem, Recovery and the Performing Arts, A Textbook and Guide for Mental Health Practitioners, Educators and Students** by Donna **Teaching Students With Mental Health - Education & Training** **Self-Esteem Recovery and the Performing Arts: A Textbook and Guide for Mental Health Practitioners, Educators and Students** by Donna **publications catalog - NASW Press - 21 sec - Uploaded by odel****Self Esteem Recovery and the Performing Arts A Textbook and Guide for Mental Health Building Confidence and Self-Esteem Psychology Today Note 0.0/5. 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