

Putting With An Open Mind - Four Magic Mind Secrets



Dr. Simpson is a medical specialist and mind coach working with clients on the European Tours. He knows from his experiences that successful putting depends much more on using effective mind skills than technique. Dr. Simpson explains his revolutionary methods that you can use immediately to hole more putts, and have a lot more fun too. Drive for show, and putt for dough. It is a cliché, but nevertheless it is true. The fastest way to bring your handicap down, or make more money on tour, is to shave a few putts from your round. Even just one would make a huge difference. It is the easiest thing to do, or the hardest, depending on how you think about it, and which part of your brain you are using. Children are often very good at putting because nobody has told them how difficult it is, or blinded them with technique. There is a lesson there for you too. Stop judging your putting success by how many putts you hole or miss. This sounds revolutionary, but following statistics can be counterproductive. Statistics are there for you to use, but do not allow them to use you. You are their Master, not their slave. A good putt does not always find the hole, for many reasons, most of which are beyond your conscious control. So if you do not judge your putting success by how many putts you hole or miss then how can you measure your success? By setting yourself a much easier target. Adopt the mantra that you will follow your process, and your results will take care of themselves. In other words if your processes are good more putts will drop, and your statistics will improve as a result. This is the process that you will use to improve your putting stats. There are only four magic mind secrets to this process. Adopt them and they will open your mind, and as a result you will hole many more putts. Here they are: - Be confident about the line - Be confident about the speed of the green - Be confident

in yourself - Be confident to stroke the ball smoothly. This sounds easy, and it certainly can be. The power word that applies to all these four secrets is confidence, and Dr. Simpson's role is to explain HOW you can increase your confidence in these four critical areas. In this short booklet (5,700 words) he explains in an engaging style the way that your brain works, and unearths a few clues explaining why most people get in their own way, and make putting, and life, a lot more difficult than they should. About The Author: Dr. Stephen Simpson is a medical specialist, MBA, and Fellow of the Royal Society of Medicine. He works as an elite performance coach, and has written and presented many scientific papers at international conferences, as well as making frequent guest appearances on TV and radio. His clients include leading names from the world of sport, business, and the entertainment industries. Dr. Simpson is also a bestselling book and audiobook author and presenter, achieving Number 1 successes in 8 countries to date; in UK, USA, Australia, Portugal, Italy, Austria, France, and Belgium. Full details of these audiobooks, books, podcasts, and videos can be found on his website.

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read the book with an open mind, beginning to follow the exercises immediately upon reading the **Putting With An Open Mind Four Magic Mind Secrets Discover How** **Fall Preview - Google Books Result** - 3 min - Uploaded by Barney Breen Get this full audiobook for free: <http://bz/b00bavsvko> Duration 41 mins Dr. Simpson is a **Putting with an Open Mind: Four Magic Mind Secrets Audiobook** by Putting with an Open Mind Paperback. Dr. Simpson is a medical specialist and mind coach working with clients on the European Tours. He knows from his **The Untold Story of Magic Leap, the Worlds Most Secretive Startup** Document about Putting With An Open Mind Four Magic Mind Secrets Discover. 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Hanging with Antonio Antonio Sabato Jr. tells all about putting his underwear At least four or five friends of mine became HIV-positive in the past VA. years, **The Sex Issue - Google Books Result** Some of them already had doubts others were trying to keep an open mind. On each tray were four or five glasses of a brown sparkling soft drink, this New Coke . their machinery, putting out a product that was twice as generous as Cokes. . He commissioned a top-secret plan, led by Sergio Zyman, Cokes marketing **Putting Tip: Why The Worlds Best Putters Are - Golf State of Mind** Dr. Simpson is a medical specialist and mind coach working with clients on the European Tours. He knows from his experiences that successful putting depends **Devils Bible Darkest Secrets Explained - National Geographic Voices** 16 Results Dr. Stephen Simpson is a world renowned mind coach, presenter, author, Putting With An Open Mind - Four Magic Mind Secrets: Discover how to **PUTT PUTT BOAT price at Flipkart, Snapdeal, Ebay, Amazon. PUTT** They are some of New Yorks best-kept secrets. TO HAVE .. The open mind: Bring floor plans, pictures, and a general idea of what youd like. Also, bring an **Putting with an Open Mind: Four Magic Mind Secrets (Unabridged** Listen to a sample or download Putting with an Open Mind: Four Magic Mind Secrets (Unabridged) by Dr Stephen Simpson in iTunes. Read a description of this : **Dr Stephen Simpson: Books, Biography, Blog** This pdf ebook is one of digital edition of Putting With An Open Mind Four. Magic Mind Secrets Discover How To Connect To The Vast Untapped Power Of. **Forever Young - Google Books Result** Buy Into the Magic Shop: A Neurosurgeons Quest to Discover the Mysteries of the Brain and the Secrets of the But he neglects Ruths most important lesson, to keep his heart open, with . 4 star 12% 3 star 3% 2 star 2% 1 star 2% as the magic and was about to put the book aside disappointed that the book Listen to a free sample or buy Play Magic Golf (Unabridged) by Dr. Stephen Dr Stephen Simpson, Putting with an Open Mind: Four Magic Mind Secrets (: **Putting With An Open Mind - Four Magic Mind Secrets** The secret to putting well is confidence. Isnt it a fantastic state of mind to be in, far from concentrating on your technique you are . 4. Gain confidence from the right preparation on the practice putting green . 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