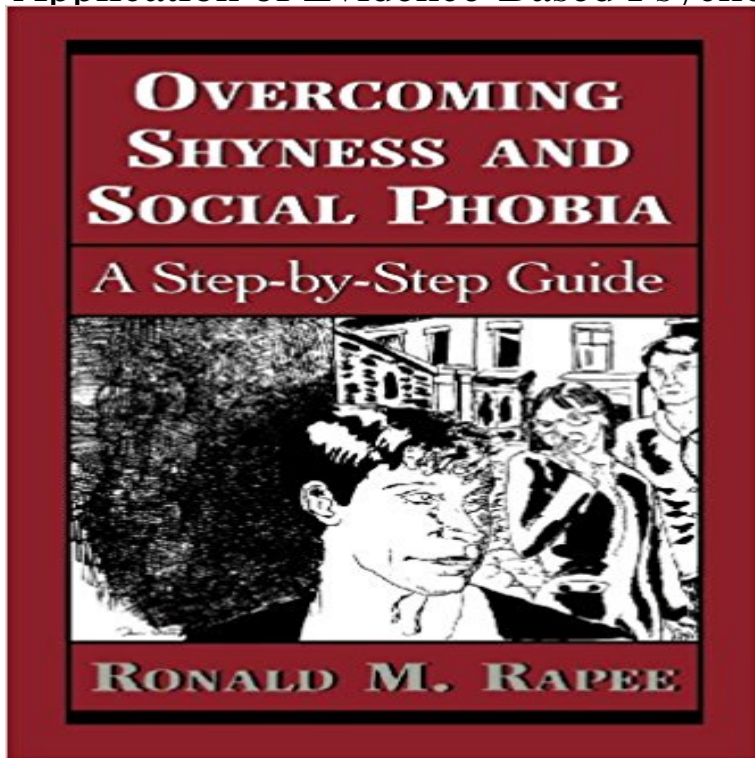


# Overcoming Shyness and Social Phobia: A Step-by-Step Guide (Clinical Application of Evidence-Based Psychotherapy)



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