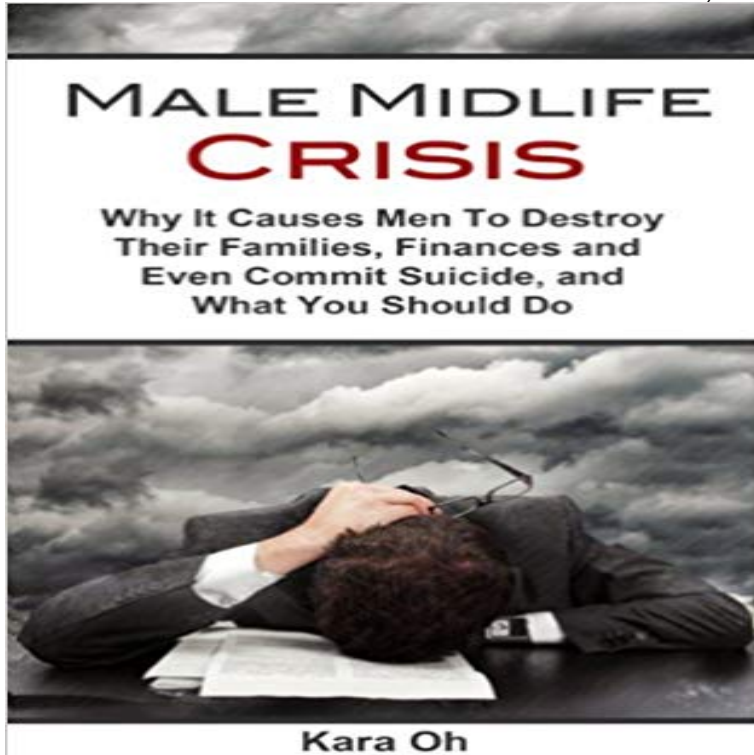


Male Midlife Crisis: Why It Causes Men To Destroy Their Families, Finances and Even Commit Suicide, and What You Should Do



How Can You Know If Hes Going Through Midlife Crisis, and And What Can You Do If He Is? Or, if hes not at that point yet, what can you do so it doesnt happen at all? We make fun of midlife crisis but theres nothing funny about it when youre the one going through it. Too often, families are ripped apart, finances are ruined, and sadly, too many men respond by committing suicide. In this revealing book, you will discover: What triggers male midlife crisis, Why men have such a difficult time dealing with it, What you can do to help him through it, What you need to do to protect yourself and your family, And what you must understand if he wants to repair the damage hes done. Not only will you understand male midlife crisis, you will understand who your husband really is, beneath the surface, deep in his psyche. Youll learn what has been driving him, and why, very likely, he has felt a silent discontent all his life, without realizing why. When you learn what your part is during this very scary and uncertain time, you will be able to give him what he needs. But even more important, you will learn what you need to do to protect and care for your heart. If he makes it through and he hasnt ripped to shreds everything you hold dear there is a good chance that he will emerge the man you always knew he could be. Theres also a possibility (if he is brave enough to look inside himself) that he will be a happier man, who is more connected to all of what it means to be human, rather than an automaton whose programming was switched on the day he was born. Every woman who values her marriage and cares about the well-being of her husband should have this information at hand. I offer this book as a gift from my heart, because Ive gone through it myself. Blessings on your journey, Kara Oh, author of Men Made Easy

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