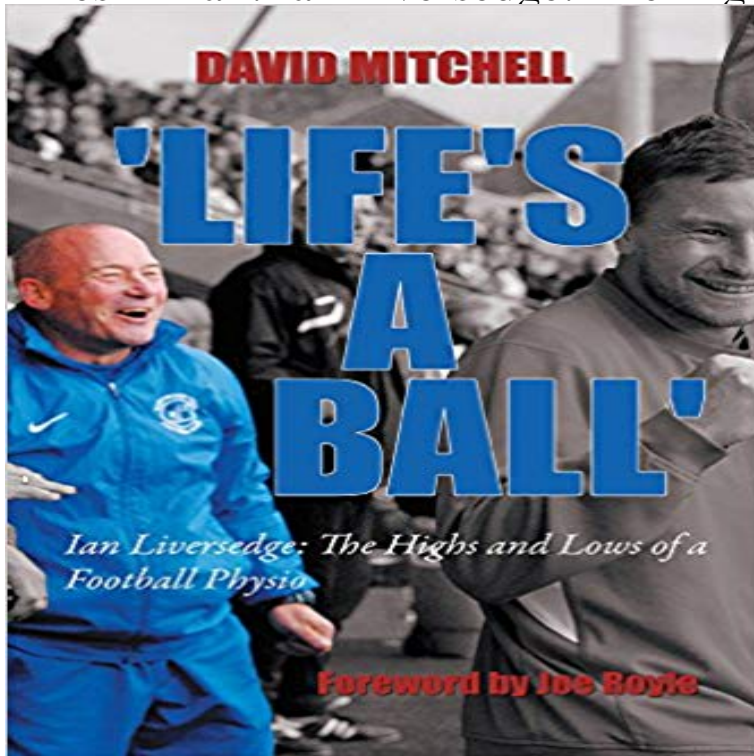


# Lifes A Ball: Ian Liversedge: The Highs and Low of a Football Physio



Lifes A Ball charts the ups and downs of a football experience that has rarely been dull! Ian Liversedges story comes from the very heart of the game the managers office, the dug-out, the boot room and the treatment table. Ian describes his relationships with managers and players at every level from non-league to international as well as the changing role of a physiotherapist in a sport that has become ever-more intense. There are many anecdotes about a lifestyle away from the football pitch that Ian found both attractive and magnetic. He has blazed a trail and the book deals honestly with his shortcomings, including encounters with the police and the adverse effect on his family life.

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