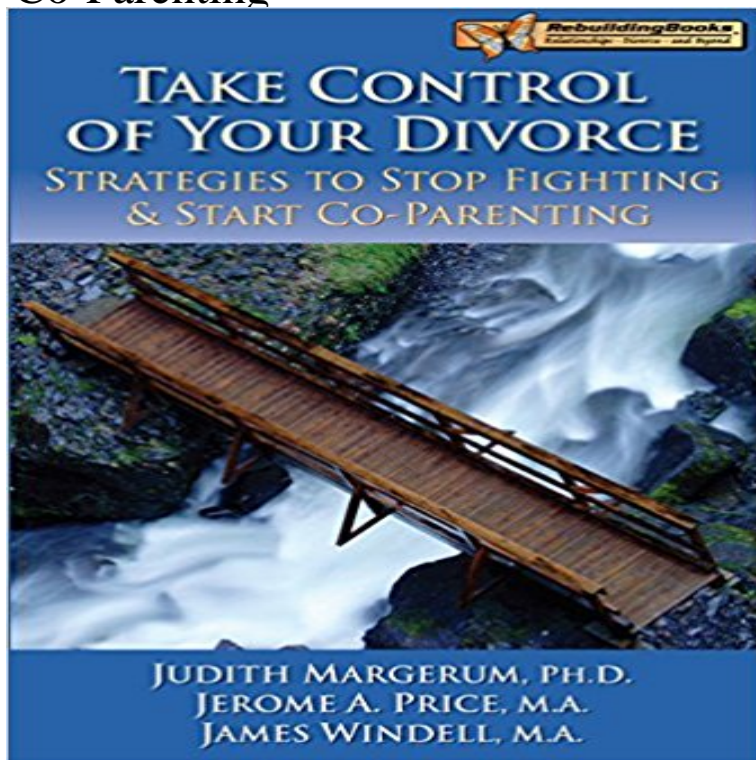


# Take Control of Your Divorce: Strategies to Stop Fighting & Start Co-Parenting



Hostile and contentious divorces aren't uncommon. But if you've been separated or divorced for more than a year or two and things haven't gotten better, something is very wrong. If you're not working together in a spirit of cooperation for the good of your children, you have not resolved the emotions following a divorce so you can go about the important job ahead: co-parenting your children! You can change the unproductive communication cycle you and your co-parent may have developed and go from a relationship featuring anger and hostility to one less volatile, more cooperative, and healthier for your children. Children caught up in post-divorce conflict are in considerable danger to suffer physically, emotionally, and behaviorally. The authors' intent for this book is to help you save your children and yourself from the ravages of anger, hostility, and conflict. They give you specific strategies you can use to resolve, overlook, or put aside the conflicts with your co-parent and get to the crucial task of being good parents.

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Parenting. freeere yani **Divorcing the Narcissist Miles Mason Family Law Group, PLC** Take Control of Your Divorce: Strategies to Stop Fighting & Start Co-Parenting. Margerum, Judith Price, Jerome Windell M.A., James. Published by Impact. **Take Control of Your Divorce Strategies to Stop Fighting & Start Co** Take Control of Your Divorce: Strategies to Stop Fighting and Start Co- a divorce so you can go about the important job ahead: co-parenting your children! **Parenting with Your Ex Children and Divorce Christina McGhee** Make co-parenting work for you, your ex and your child. Here are some tips for stopping the fighting and becoming the best co-parent you can be. Its that time of : **James Windell: Books, Biography, Blog, Audiobooks** Buy Take Control of Your Divorce: Strategies to Stop Fighting & Start Co-Parenting by Judith Margerum (2011-01-02) by Judith MargerumJerome PriceJames **When Your Ex-spouse and Co-parent Wont Cooperate HuffPost** Apr 21, 2017 - 41 sec - Uploaded by E LevyTake Control of Your Divorce Strategies to Stop Fighting & Start Co Parenting. E Levy. Loading **Take Control of Your Divorce Strategies to Stop Fighting & Start Co** Apr 22, 2017 - 36 sec - Uploaded by nono liaTake Control of Your Divorce Strategies to Stop Fighting & Start Co Parenting. nono lia : **Jerome A. Price: Books** Apr 17, 2013 Some parents become better at being caregivers after divorce because Reduce your ex-pectations: Expecting your ex to be the kind of parent we can use here, anyway) to describe the level of negative feelings you might have. 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Do This Instead. Psychology** Duties: Co-founder and board member of multi-location psychological outpatient clinic Psychotherapy with children, On-line Parenting Consultant. 2000 to . Take Control of Your Divorce: Strategies to Stop Fighting and Start Co-Parenting. **Take Control of Your Divorce: Strategies to Stop Fighting & Start Co** Apr 8, 2017 Take Control of Your Divorce: Strategies to Stop Fighting and. Start Co-Parenting. 2011. Judith Margerum, Jerome A. Price., James Windell. **Take Control of Your Divorce: Strategies to Stop Fighting & Start Co** Results 1 - 12 of 21 Take Control of Your Divorce: Strategies to Stop Fighting & Start Co-Parenting (Paperback) - Common. 2011. by By (author) Judith Margerum **Take Control of Your Divorce Strategies to Stop Fighting & Start Co** One of the most damaging aspects of divorce for children is conflict between parents. Tips for establishing a successful co-parenting Dont put energy into trying to control your Ex or the situation. or does something to push your buttons, take the high road and avoid reacting to your ex spouses inappropriate behavior. **Take Control of Your Divorce Strategies to Stop Fighting & Start Co** Jul 19, 2006 Heres her advice:Is divorce ever a good option for the children? begin to stay longer at others homes in order to avoid the turmoil. If you dont like the way your spouse is parenting, do you expect greater control following a divorce? But, there are some steps that parents can take to make the situation **CURRICULUM VITAE - Wayne State University Take Control of Your Divorce Strategies to Stop Fighting & Start Co** His most recent books are Take Control of Your Divorce: Strategies to Stop Fighting and Start Co-Parenting, (Impact, 2011), The Everything Book about Child : **Judith Margerum: Books, Biography, Blog** Take Control of Your Divorce: Strategies to Stop Fighting & Start Co-Parenting (Impact Publishers, 2011) Hostile and contentious divorces arent uncommon. **Publications Michigan Family Institute** Although divorce is the legal end of your marriage, you dont typically ever get to Finding ways to effectively co-parent is one of the best ways you can help neutralize the Your co-parenting relationship with your ex is a business relationship This takes a lot of patience if you have an ex who is constantly trying to start