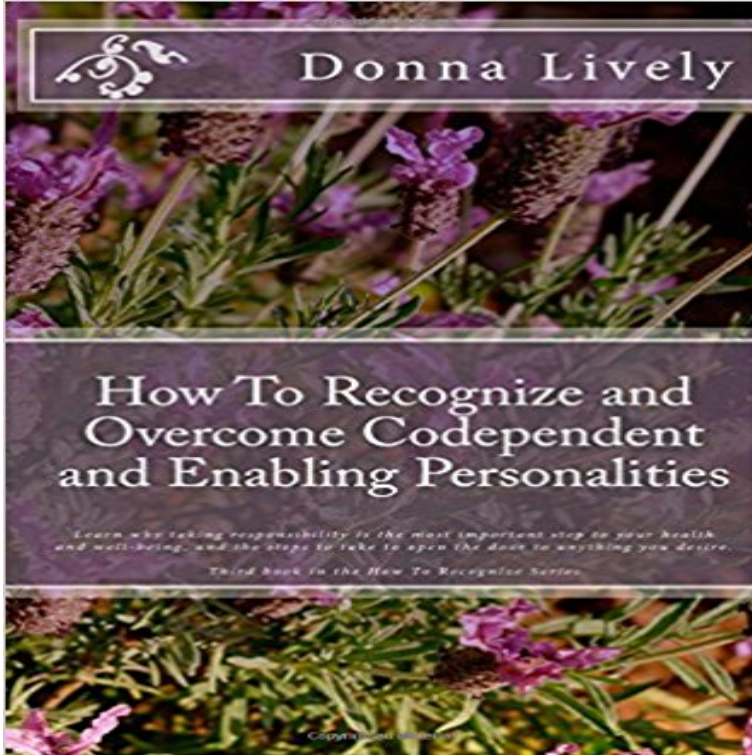


# How To Recognize and Overcome Codependent and Enabling Personalities (Volume 3)



This is the third in the authors series: How To Recognize and Overcome... The first in this series is: How To Recognize and Overcome Victim Mentality. The second in this series is: How To Recognize and Overcome Anger Issues. This third book helps the reader learn to identify if they are living with codependent and enabling personalities. Recognizing these traits is the first step one needs to learn how to overcome these destructive characteristics. You may purchase each book in Donna Livelys series, individually or in one book which includes all three in this series.

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