

Hedgerow: River Cottage Handbook No.7



Hedgerows, moors, meadows and woods - these hold a veritable feast for the forager. In this hugely informative and witty handbook, John Wright reveals how to spot the free and delicious pickings to be found in the British countryside, and how to prepare and cook them. First John touches on the basics for the hedgerow forager, with an introduction to conservation, safety, the law, and all the equipment that you may need. Next he guides you through the tasty edible species to be found. Each one is accompanied by photographs for identification, along with their conservation status, habitat, distribution, season, taste, texture and cooking methods - not forgetting, of course, some fascinating asides and diversions about their taxonomy and history. Fifty species are covered, including bilberries, blackberries, raspberries, common mallow, dandelions, hedge garlic, horseradish, pignuts, nettles, sloes, sweet chestnuts, water mint, bulrushes and wild cherries. After this there is a section describing the poisonous species to steer clear of, with identifying photographs as well as warnings about nasty lookalikes. Finally, there are thirty delicious recipes to show how you can make the most of your (edible) findings. Introduced by Hugh Fearnley-Whittingstall, Hedgerow is an indispensable household reference, and an essential book to have by your side for every trip into the countryside.

Hedgerow River Cottage Handbook No 7 - YouTube About John Wright. John Wright is the author of the River Cottage Handbooks Mushrooms, Edible Seashore and Hedgerow. As well as writing for national **Hedgerow: River Cottage Handbook No. 7 John Wright** Hedgerow: River Cottage Handbook No.7 [John Wright] on . *FREE* shipping on qualifying offers. Hedgerows, moors, meadows and woods - these **Hedgerow: River Cottage Handbook No.7: John Wright: Bloomsbury** 7 by John Wright (ISBN:) from Amazons Book Store. Free UK delivery 7 Paperback 2012. by John Hedgerow (River Cottage Handbook, No.7) Hardcover. **River Cottage Handbook, No. 7: John Wright: Books** e-Book Download Hedgerow: River Cottage Handbook No.7 by John Wright pdf. Download Hedgerow: River Cottage Handbook. Hedgerow has **Hedgerow: River Cottage Handbook No.7: John Wright - RIVER COTTAGE HANDBOOK No. 7, HEDGEROW, BY JOHN WRIGHT AND INTRODUCED BY HUGH**

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