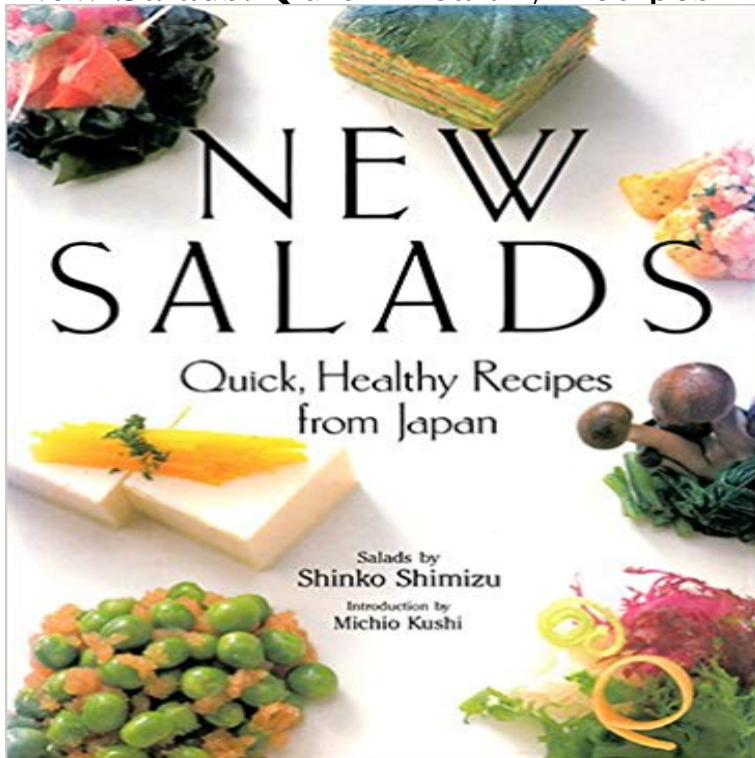


## New Salads: Quick Healthy Recipes from Japan



Color photographs illustrate recipes as well as preparation and serving methods for dishes featuring vegetables and seafood.

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