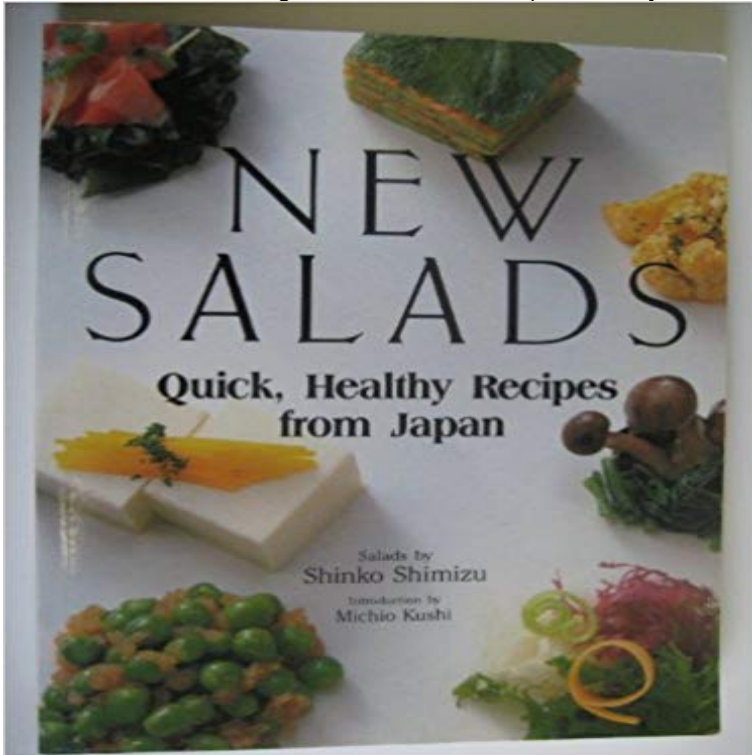


New Salads: Quick Healthy Recipes from Japan



Salads are an important part of the diet of the health-conscious, but many start and end with the same tired ingredients. The delicious salads in this inventive book, inspired by Japanese cuisine, are enlivened by condiments like fresh ginger, wasabi horseradish, and nori seaweed. 120 dishes, each illustrated in color. Photographs and line drawings.

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