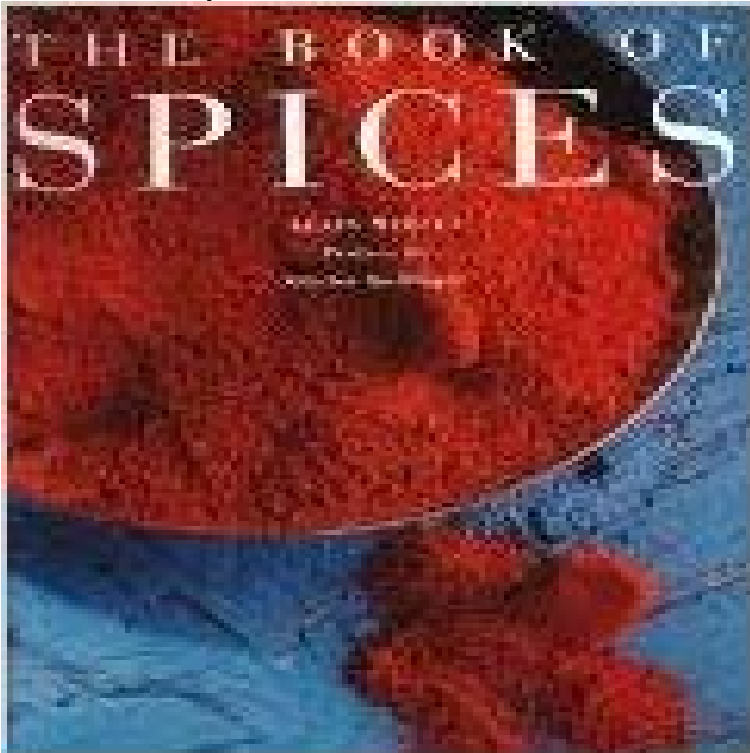


Book of Spices



Takes the reader to exotic destinations in search of the origins of spices. Ancient Egypt provides the starting point for a vivid historical account of spices through the ages. Selects the sovereign spices of cinnamon, cardamom, cloves, cumin., pepper, ginger, nutmeg & mace, chili peppers, Jamaican pepper, saffron, & vanilla, & describes how they grow as plants, their harvest & preparation before being processed & sold in hermetically sealed containers. A recipe section shows how the use of spices evolved according to supply, tastes & fashion. Lists essential addresses, famous names & brands. Glossary & maps. Sumptuously illustrated. Oversized. Coffee table book!

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