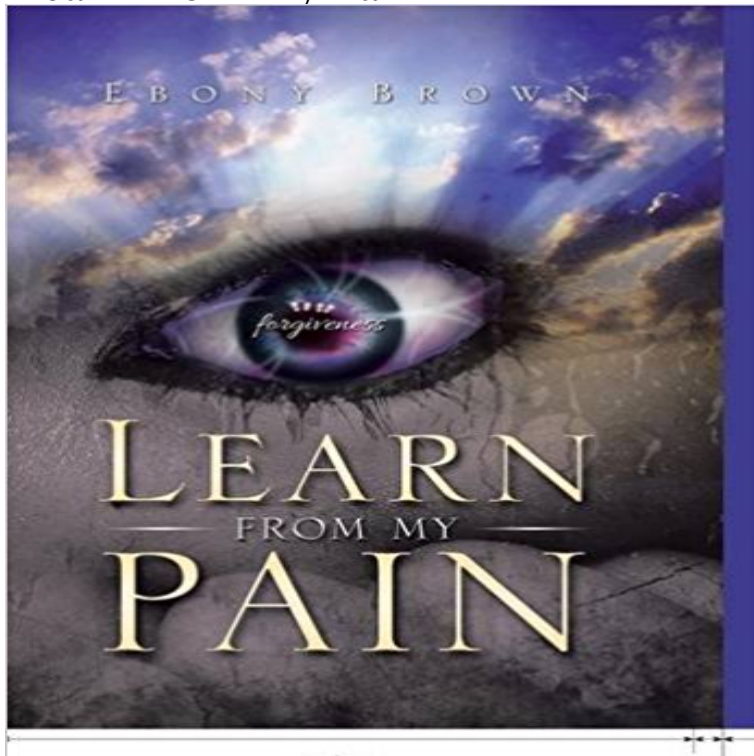


Learn From My Pain



This is my life; I have written this book to share that some of us are going through the same things, whether you are man or woman. This story will make you cry, think, and even smile; those also are the feelings that life takes us through. My story shows you that you never know who is or who has been through what you are going through or have been through. My purpose is to show you that we are to never give up; find something that you believe in and push forward. We all smile at one point or maybe all day, but we as humans prejudice each other from that, not thinking that a million smiles can be hiding a billion tears. Please understand that where there is pain, there is also love! As you read this story, think of your own life, whether your pain is as bad or maybe worse; we only go as far as we allow our pain to take us. Forgiveness is the prescription for ones heart. We search for this in others but forget to give it to ourselves. No tears, all smiles; keep smiling.

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