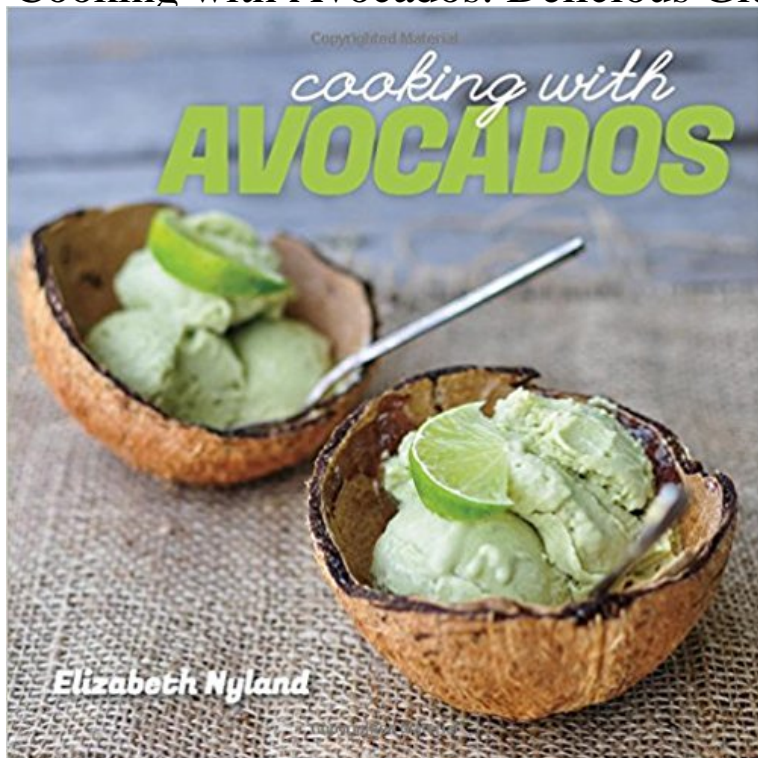


Cooking with Avocados: Delicious Gluten-Free Recipes for Every Meal



The avocado has broken out of guacamole to become a produce star. They used to be a guilty pleasure, but now richly creamy and satisfying avocados are the star ingredient in many dishes, pairing up with surprising flavors such as peaches, chocolate, and even coconut. Researchers have found that the heart-healthy fats in the avocado are actually good for us, which has helped propel avocados into a bestselling fruit. Here are 75 clever and delicious ways to use avocados, with recipes including: Avocado Brownies, Peach Basil Avocado Salad, Quinoa with Kale, Avocado, Cilantro, and Bacon. These recipes are irresistible and healthy? a combination that can't be beat.

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