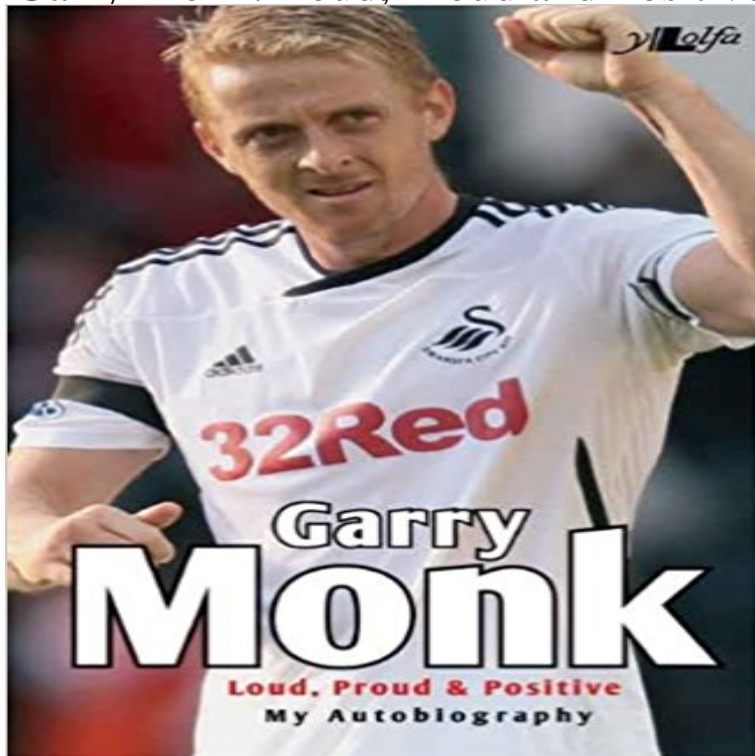


## Garry Monk: Loud, Proud and Positive



The autobiography of Swansea City Football Club manager Garry Monk. During his period at Swansea he has been instrumental in leading them to promotion on three occasions. He was a player who has battled against the odds and instilled that attitude into the players around him and has developed into a highly regarded Premiership manager. Garry is held in great affection by the Swans fans. This is an unashamedly personal account of his opinions and feelings, injuries and grievances, triumphs and despair. Monk is shown as a man completely dedicated to football; competitive and determined, the Swansea City club manager who has learned to communicate with, inspire and lead his team to victory. In Loud, Proud and Positive football is often portrayed as a battle, the pitch as a battlefield, sometimes literally during pitch invasions occasioning police charges on horseback and with police dogs. This is a dramatic tale of tactics and honour: early on in his career Garry Monk promises himself that he will go down fighting. Occasionally there are humorous anecdotes, tales of bets and mickey-takes or team initiations. Sometimes the mood is darker as he tells of sendings-off, disciplinary meetings, drugs tests, bans and suspensions, or the huge rivalry between Swansea City and Cardiff City.

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