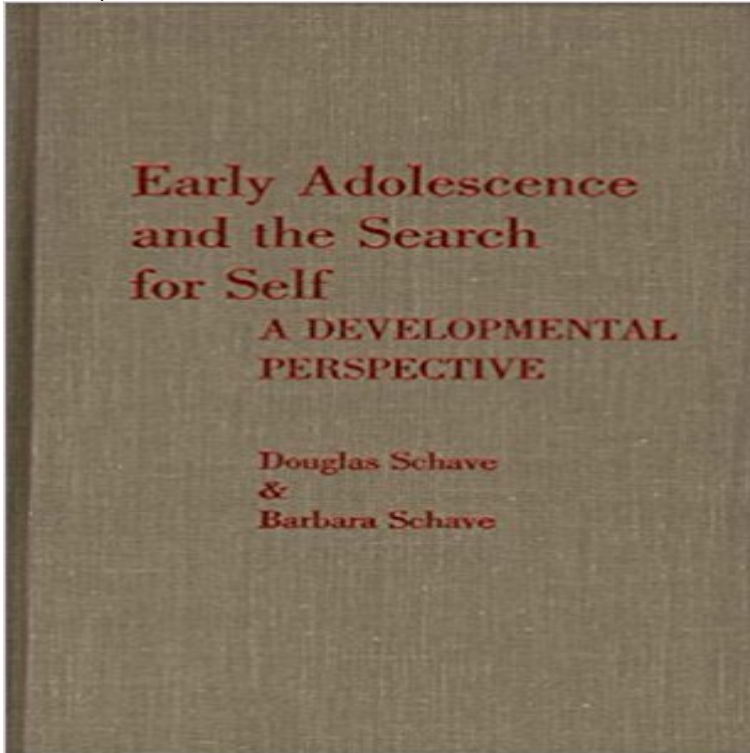


Early Adolescence and the Search for Self: A Developmental Perspective



This study achieves a new perspective to this very creative and volatile time of life. The Schaves offer a better and more positive understanding of the developmental tasks of early adolescence and fully describes the states of mind, the struggles of self-differentiation and the coping styles used by this age group to protect against shame. In addition, they provide a systematic approach to treatment strategies, techniques and problem solving with adolescents and their families. This book is a trail-blazer on many grounds. . . . It makes a contribution to the literature on adolescence by offering an entirely new--and clinically highly relevant--explanation to a period of life when rapid changes in psychic organization can turn the tide either toward a wholesome development or toward serious derailments and psychopathology.

Anna Ornstein
The first book to focus specifically on early adolescence, this study achieves a new perspective to this very creative and volatile time of life. Drawing from their professional experience and their private practices, the authors provide a stimulating integration of self psychology, Piagets cognitive developmental theory, and affect theory. They also elaborate on several important ideas presented in the revolutionary book, *The Interpersonal World of the Infant* by Daniel N. Stern. This book offers a better and more positive understanding of the developmental tasks of early adolescence. The authors consider the adolescents search for self identity and self esteem, a function of cognitive growth as well as affect attunement and self-differentiation. The cognitive and emotional search for selfhood further results in the development of defense mechanisms. This book provides a completely different perspective for mental health professionals. It fully describes the volatile states of mind, the struggles of

self-differentiation and the coping styles used by this age group to protect against shame. In addition, it provides a systematic approach to treatment strategies, techniques and problem solving with adolescents and their families. Mental health professionals as well as parents of early adolescents will find *Early Adolescence and the Search for Self* a thought provoking study. The reader is introduced to four main themes developed throughout this book: The primary of affects and affect attunement from infancy through early adolescence; the continued importance of parents in the development of self; The distinct states of mind experienced by early adolescents, and finally; Adolescence as the period of consolidation of cognitive thinking.

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