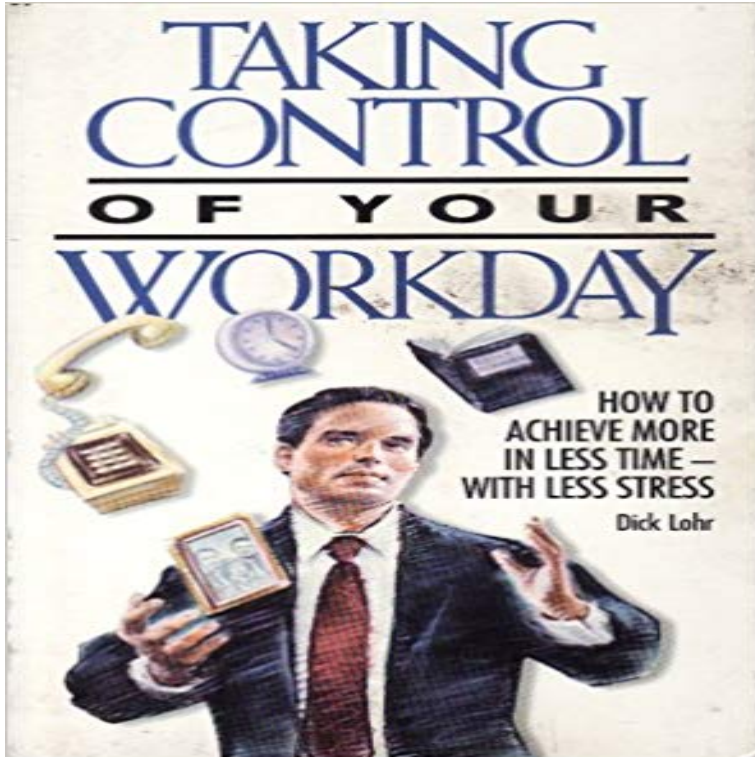


# Taking Control of Your Workday: How to Achieve More in Less Time With Less Stress



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