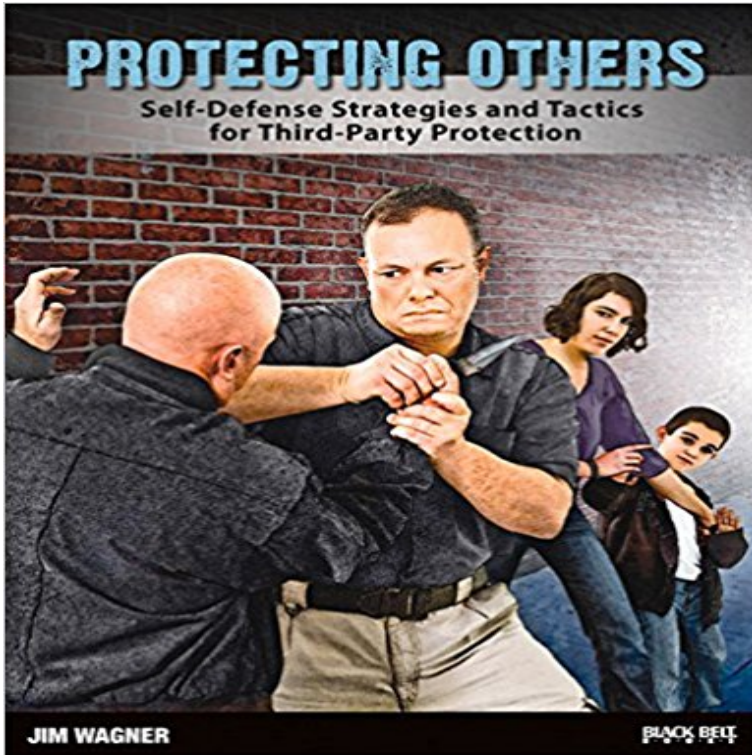


Protecting Others: Self-Defense Strategies and Tactics for Third-Party Protection



Addressing simple yet powerfully effective methods of self-defense, this guide teaches how to best deal with dangerous situations. With detailed photo sequences, helpful captions, and clear illustrations that depict the proper way to do drills, it uses a variety of scenarios, such as home invasion, street crime, terrorism, bank robberies, and even grenade attack, to show the best ways to keep loved ones and other third parties safe while defusing the situation as quickly and peacefully as possible. With chapters that discuss victim rescue, vehicle security, bodyguard basics, and how to survive a variety of weapon attacks, this is the authoritative self-defense manual for everyone from the professional soldier to the civilian.

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