

# The Only Book of Just Like Moms Recipes You Will Ever Need-Meat,Fish and Seafood, Pasta and Rice



My Mother spent a lot of time in the kitchen. She was slim, healthy and glowing...till she passed away at 94. I dont know if it was because she cooked her own food and stayed away from diets is the reason she lived so long but I like think it is. Nothing is like Moms cooking and I decided to put some of her easy recipes in this book. Theres no long explanations about her philosophy, theres no pictures to bloat the file size, just straight cooking. Like my Mom always said when a cooking show came on food network, Oh, just shut up and cook!. Also Available, The only book....Meat, Fish and Seafood, and Pasta and Rice.

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