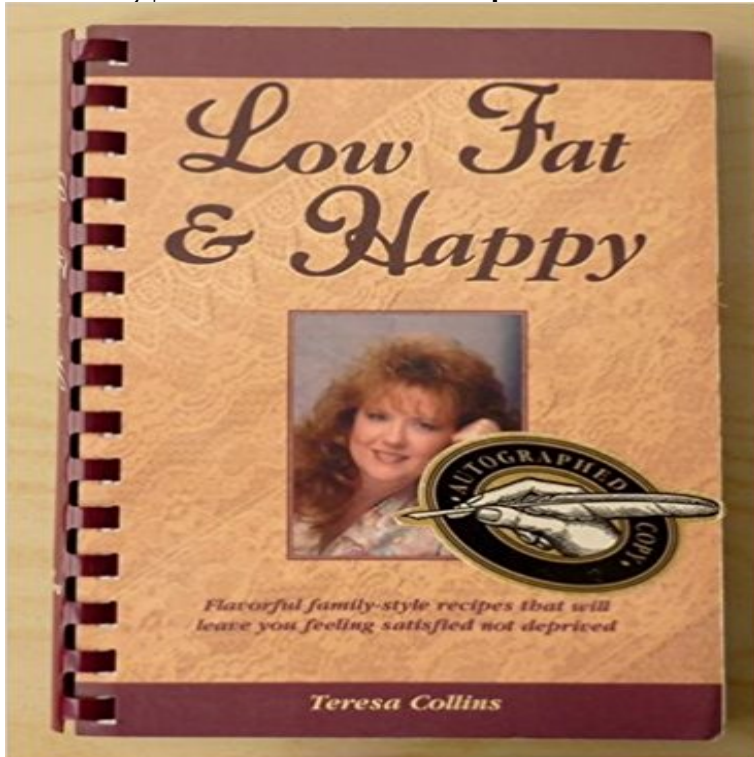


# Low Fat & Happy: Flavorful Family-Style Recipes That Will Leave You Feeling Satisfied Not Deprived



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