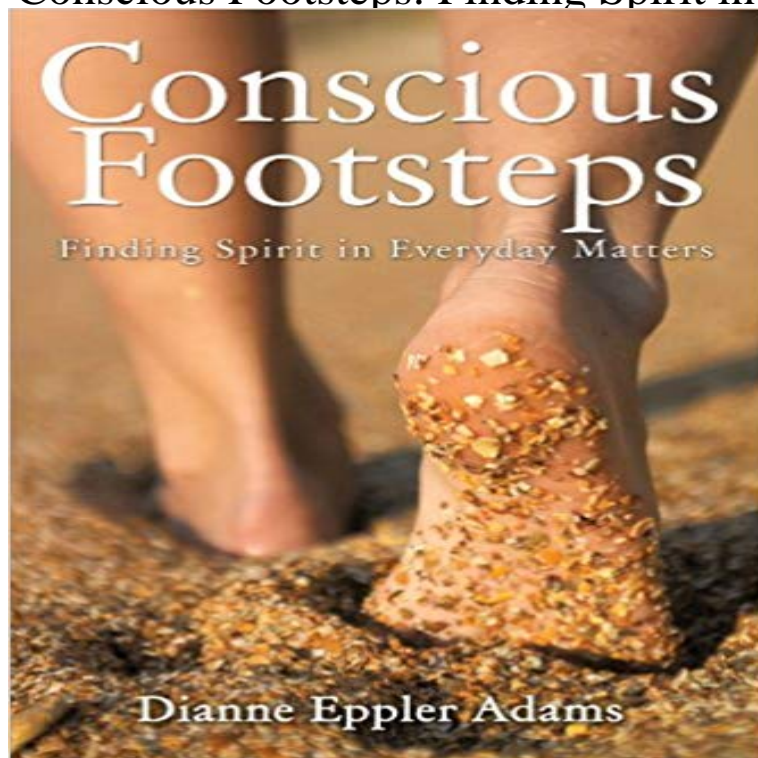


## Conscious Footsteps: Finding Spirit in Everyday Matters



Described as a pure joy to read and a gift for my Soul, Conscious Footsteps is an idea generator for finding Spirit in ordinary life experiences, inspired by the authors deep, heartfelt search for lifes greater meaning. Read it to awaken personal happiness and notice the interdependence and sacredness of everything. Discover how Spirit manifests in your daily affairs, bringing greater joy and fulfillment. By considering the questions offered, you may find answers - your own answers - that can lead to personal fulfillment - a more harmonious and love-filled life. Some key questions explored are:

What if Spirit were present in every facet of your existence - in the blessings and the challenges?

How would your life be different if you knew that everyone and everything was a part of you?

How would you behave toward yourself and others if you recognized that there is no separation between you and God and that you are part of God? Underlying the book is the assumption that you wont find Spirit by moving away from the world; you find it by going more open-heartedly into ordinary life. Though written by an astrologer, you do not need to understand or believe in astrology to gain from the book. Those who want to know more will find answers to many common questions about astrology in the appendix. Open this book to any page at anytime and use it to inspire your day. May it offer you hope in the midst of turmoil and become a tool to awaken your own inner wisdom.

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