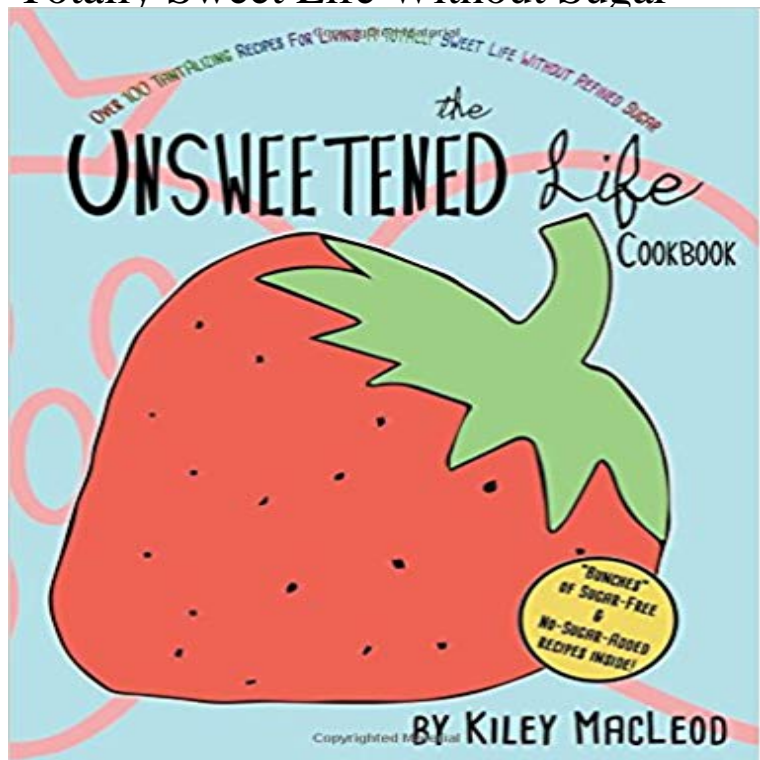


The Unsweetened Life Cookbook: Tantalizing Recipes For Living A Totally Sweet Life Without Sugar



Even the most inept home cook on the tightest budget can eat healthy and fresh with this book as their guide. Inside its pages you will find a plethora of quick and easy recipes for anyone looking to learn to cook - from the most frugal college student to the hardworking parent short on time. There are plenty of snacks, main meals, sides and even breads and desserts that incorporate various aspects of the gluten-free, low-carb, paleo, primal and sugar-free lifestyles. Worried about allergies or looking for vegetarian versions? Available substitutes for nearly every recipe are provided in the margins! The Unsweetened Life is a witty and engaging beginners cookbook unlike any other currently on the market. Enjoy the easy to read instructions and get started cooking today!

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