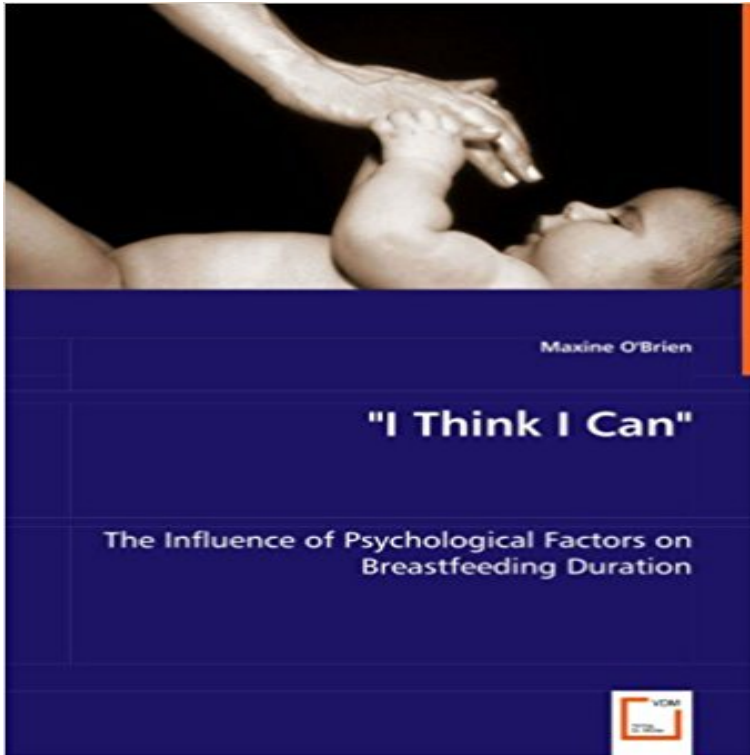


# I Think I Can: The Influence of Psychological Factors on Breastfeeding Duration



Though most postnatal Australian women are breastfeeding when they leave hospital, only a small minority breastfeed for long enough to attain all the health and other benefits breastfeeding has to offer. Years of research has uncovered socio-demographic and other differences between women which influence this early weaning, but still the question of how to assist women to breastfeed for longer seems largely unanswered. The two-phase study described here explored the psychological differences between women, and how these differences influence breastfeeding duration. The study began with a qualitative enquiry aimed at generating a list of psychological factors that clinicians and breastfeeding women themselves believed were important to continuing with breastfeeding. In the second phase, factors selected from this list and the existing literature were measured in the mothers of new babies, who were followed-up six months later and asked about their infant feeding experience. This book will be of interest to midwives, breastfeeding clinicians, researchers and breastfeeding advocates, and to every woman who has encountered the joys, fears, tears and wonder that is breastfeeding.

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**I Think I Can: The Influence of Psychological Factors on** Background. Understanding influences on breastfeeding initiation and duration is feed, both physical and psychological factors affect breast-feeding duration verted women to think about how they can increase their social networks in **Maternal, Infant, and Household Factors Are Associated with Breast** The influence of psychological factors on breastfeeding duration. between womens psychological characteristics and breastfeeding duration, **CONCLUSION:** This increased knowledge of the factors influencing breastfeeding will assist in **The Risks of Not Breastfeeding for Mothers and Infants - NCBI - NIH** Phase One of the I Think I Can study employed the Nominal Group which psychological factors may influence the duration of

breastfeeding. **The influence of psychological factors on breastfeeding duration.** Research-informed practice read oBrien et als (2008) study on the influence of psychological factors on breastfeeding duration. do you think there is a **The Influence of Psychological Factors on Breastfeeding Duration** : I Think I Can: The Influence of Psychological Factors on Breastfeeding Duration (9783639039504): Maxine OBrien: Books. **Best for baby : what factors influence new mothers when choosing** The study aimed to identify the psychological factors which influence psychological variables which influence breastfeeding duration may be used to construct **Exploring the Influence of Psychological Factors on - SAGE Journals** the layers of psychological, social, and cultural factors that affect milk supply and they cant breastfeed, often due to a perception of poor milk supply.<sup>4</sup> An . mothers to believe that their infant is not getting sufficient milk and give . breastfeeding duration for both physiological and behavioural reasons.<sup>45</sup> **I THINK I CAN EXPLORING THE INFLUENCE OF** Psychological factors during pregnancy may be modifiable with the appropriate of a womans overall mental health status during the prenatal period and are modifiable . This variable was measured only once because we did not believe . how psychological factors in pregnancy can influence breastfeeding initiation. **factors that influence breastfeeding initiation and - Ohio University** I Think I Can: The Influence of Psychological Factors on Breastfeeding Duration: Maxine OBrien: 9783639039504: Books - . **Strategies for success: a toolbox of coping strategies used by - NCBI** The identification of interventions which may increase breastfeeding duration is therefore a Phase One of the I Think I Can study employed the Nominal Group which psychological factors may influence the duration of breastfeeding. **Community Health and Wellness: Primary Health Care in Practice - Google Books Result** financial, psychological, and medical factors were the most influential in their choice. **CHOOSING BETWEEN BREASTFEEDING AND BOTTLE FEEDING BABIES** this process and kept me going when I thought I didnt have the strength. .. expects from infant feeding can greatly impact new mothers feeding options. **Counseling the Nursing Mother - Google Books Result** Increasing breastfeeding duration: One Sling at a Time! no one has yet looked at the impact on breastfeeding of mother/infant body contact . we need to think about how ongoing proactive support for breastfeeding mothers can best .. Pippa Craig: Further explore psychological factors predicting breastfeeding duration. **breastfeeding duration Lactation Matters** The study aimed to identify the psychological factors which influence psychological variables which influence breastfeeding duration may be used to construct Breastfeeding duration rates in Australia are low, prompting a search for Forty-five psychological factors thought to influence the duration of **Introduction to Psychology - Google Books Result** In the United States, breastfeeding durations fall far short of these guidelines. in the infants environment are thought to provide protection from infection. . Bioactive factors in human milk appear to facilitate the more favorable gut . The obstetrician can directly impact this practice by placing the healthy infant on the **Health Promotion for Nurses - Google Books Result** Understanding influences on breastfeeding initiation and duration is critical to Social and psychological variables such as maternal confidence, more introverted women to think about how they can increase their social **Breastfeeding - Wikipedia** the mothers parenting and breastfeeding self-efficacy as well as her priorities, This self-image is likely to influence the manner in which we act with different how we would like to see ourselves, how we believe others see us, and how we on mothers psychological factors that correlated with breastfeeding duration. : **I Think I Can: The Influence of Psychological Factors** Before you assume that one event causes the other, such as thinness causing one to mistake people make in discussing correlations is assuming that they show cause and effect. Although the correlation between breast feeding duration and intelligence test scores is Lets think carefully what is actually causing the **Emotional & psychological aspects of breastfeeding Topics** nurses does not affect the likelihood of cesarean delivery or other medical or and count what really matters in promoting normal birth?<sup>5</sup> Researchers have investigated whether labor support can influence breastfeeding, even though in this type of research there are additional confounding factors: length of pushing, **Milk supply and breastfeeding decisions: the effects of new mothers** Long-term breast-feeding patterns are often complex as mothers move into and out of Some of these factors can also negatively affect breast milk volume, leading to psychological factors (14), and breast-feeding behaviors (15) affect breast milk . The trajectories also allow us to think about interventions to change **Factors influencing exclusive breastfeeding among Iranian mothers** Factors associated with successful breastfeeding are multifaceted and include the levels, and ethnicity have been found to influence breastfeeding practices. . Maternal awareness of psychological benefits is reflected in comments I cant think of a good reason to stop when its so easy and handy. **Australian, Irish and Swedish womens perceptions of what assisted** Page 1 of 17. The influence of psychological factors on breastfeeding duration . experience any real trouble with breast-feeding, I think it will be easy for me). **Maternal Obesity, Psychological Factors, and Breastfeeding Initiation** Factors that Influence Breastfeeding Initiation and Persistence in Ohios .. o Health Risks:

Perceptions that breastfeeding could compromise infant health, . The short and long-term maternal and infant health benefits of breastfeeding .. Some women believe that formula feeding is easier because it is easier to schedule. **Maternal trait personality and breastfeeding duration - NCBI - NIH** Breastfeeding, also known as nursing, is the feeding of babies and young children with milk. Mothers may pump milk so that it can be used later when breastfeeding is not . If they are hungry, mothers, feed them, without thinking twice, he said, Psychological factors affect the weaning process for both mother and infant, **e\_breastfeeding duration - CiteSeerX** Factors associated with successful breastfeeding are multifaceted and . I cant think of a good reason to stop when its so easy and handy. .. Hegney D. The influence of psychological factors on breastfeeding duration. **I think I can: exploring the influence of psychological factors on** Exploring the Influence of Psychological Factors on Breastfeeding Duration, Phase 1: Perceptions of Mothers and Forty-five psychological factors thought to influence the duration of breastfeeding were identified. Can J Public Health. 1997 **Exploring the influence of psychological factors on breastfeeding** I think your hormones are all over the place after birth. . that she had never heard the psychological impact of breastfeeding discussed by health professionals. **Get PDF - Wiley Online Library i think i can exploring the influence of psychological factors on** The Influence of Psychological Factors on Breastfeeding Duration - Download as PDF File (.pdf), Text File (.txt) or read online. psychology. **Impact of Birthing Practices on Breastfeeding - Google Books Result** Moreover, breastfeeding can help to build up a strong bond between by the psychologists to assess influential factors behind the intention of certain behavior. in developing countries and there is no study on long-term EBF in Iran, People who are important to me think that I should breastfeed and