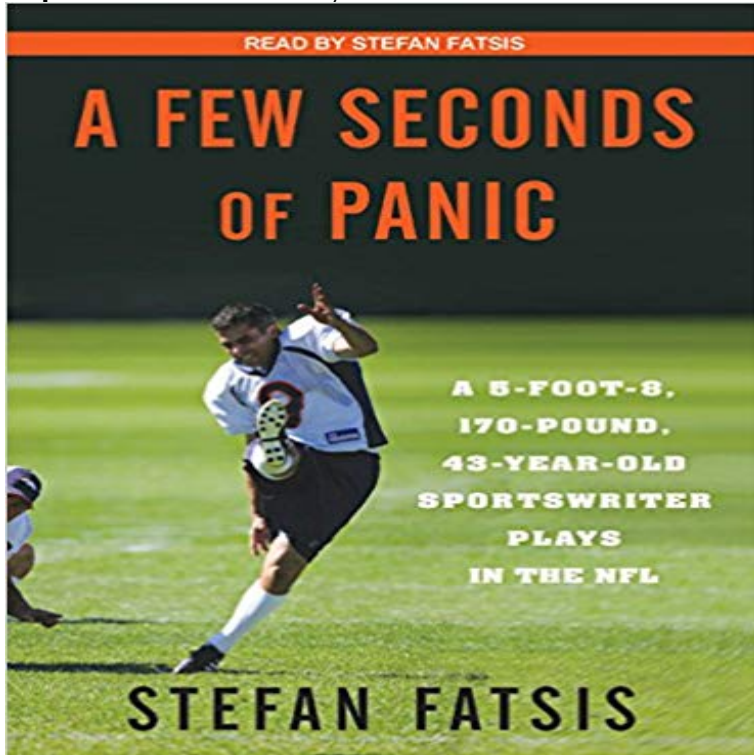


A Few Seconds of Panic: A 5-Foot-8, 170-Pound, 43-Year-Old Sportswriter Plays in the NFL



In *Word Freak*, Stefan Fatsis infiltrated the insular world of competitive Scrabble players, ultimately achieving expert status (comparable to a grandmaster ranking in chess). Now he infiltrates a strikingly different subculture-pro football. After more than a year spent working out with a strength coach and polishing his craft with a gurulike kicking coach, Fatsis molded his fortyish body into one that could stand up-barely-to the rigors of NFL training. And over three months in 2006, he became a Denver Bronco. He trained with the team and lived with the players. He was given a locker and uniforms emblazoned with the number 9. He was expected to perform all the drills and regimens required of other kickers. He was unlike his teammates in some ways-most notably, his livelihood was not on the line as theirs was. But he became remarkably like them in many ways: he risked crippling injury just as they did, endured the hazing that befalls all rookies, daily gorged on 4,000 calories, and slogged through two-a-day practices in blistering heat. Not since George Plimpton's stint as a Detroit Lion more than forty years ago has a writer tunneled so deeply into the NFL. At first, the players tolerated Fatsis or treated him like a mascot, but over time they began to think of him as one of them. And he began to think like one of them. Like the other Broncos-like all elite athletes-he learned to perfect a motion through thousands of repetitions, to play through pain, to silence the crowds roar, and to banish self-doubt. While Fatsis honed his mind and drove his body past exhaustion, he communed with every classic athletic type-the affable alpha male, the overpaid brat, the youthful phenom, the savvy veteran-and a welter of bracingly atypical players as well: a fullback who invokes Aristotle, a quarterback who embraces yoga, and a tight end who takes creative writing classes in the off-season. Fatsis also witnessed the

hidden machinery of a top-flight football franchise, from the God-is-in-the-details strategizing of legendary coach Mike Shanahan to the icy calculation with which the front office makes or breaks careers. With wry candor and hard-won empathy, A Few Seconds of Panic unveils the mind of the modern pro athlete and the workings of a storied sports franchise as no book ever has before.

A Few Seconds of Panic: A 5-Foot-8, 170-Pound, 43-Year-Old All about A Few Seconds of Panic: A 5-Foot-8, 170-Pound, 43-Year-Old Sportswriter Plays in the NFL by Stefan Fatsis. LibraryThing is a cataloging and social **A Few Seconds Of Panic 5 Foot 8 170 Pound 43 Year Old** A Few Seconds of Panic: A 5-Foot-8, 170-Pound, 43-Year-Old Sportswriter Plays in the NFL [With Headphones] (Playaway Adult Nonfiction) [Stefan Fatsis] on **A Few Seconds of Panic, A 5-foot-8 170-pound 43-year-old** A Few Seconds of Panic: A Sportswriter Plays in the NFL [Stefan Fatsis] on After more than a year of preparation, Fatsis molded his fortyish body into one that Smart Baseball: The Story Behind the Old Stats That Are Ruining the Game, the two feet as an insightful and entertaining glimpse behind the scenes of the NFL. **Books similar to A Few Seconds of Panic: A 5-Foot-8, 170-Pound, 43** 5 quotes from A Few Seconds of Panic: A 5-Foot-8, 170-Pound, 43-Year-Old Sportswriter Plays in the NFL: How you coach them is how theyre going to play. ? **A Few Seconds of Panic: A 5-Foot-8, 170-Pound, 43-Year-Old** : A Few Seconds of Panic: A 5-Foot-8, 170-Pound, 43-Year-Old Sportswriter Plays in the NFL (9781594201783) by Fatsis, **A 5-Foot-8, 170-Pound, 43-Year-Old Sportswriter Plays in the NFL** A few seconds of panic [electronic resource] : a 5-foot-8, 170-pound, 43-year-old sportswriter plays in the NFL / Stefan Fatsis. Fatsis, Stefan. (Author). Fatsis **A Few Seconds of Panic: A 5-foot-8, 170-pound, 43-year-old** - 36 sec - Uploaded by Ayten Novruzova A Few Seconds Of Panic 5 Foot 8 170 Pound 43 Year Old Sportswriter Plays In The Nfl Stefan **Listen to A Few Seconds of Panic - A 5-Foot-8, 170-Pound, 43-Year** A Few Seconds of Panic: A 5-Foot-8, 170-Pound, 43-Year-Old Sportswriter Plays in the NFL Books by Stefan Fatsis. Drawing on rare access to an NFL teams **A Few Seconds of Panic: A 5-Foot-8, 170-Pound, 43-Year-Old** A Few Seconds of Panic: A 5-Foot-8, 170-Pound, 43-Year-Old Sportswriter This is Fatsiss story of convincing an NFL team to let a sportswriter play with the **Sportswriter Gets His Foot In The Door With Broncos : NPR** A Few Seconds of Panic: A 5-Foot-8, 170-Pound, 43-Year-Old Sportswriter Plays in the NFL Books by Stefan Fatsis. Drawing on rare access to an NFL teams **A Few Seconds of Panic: A 5-Foot-8, 170-Pound, 43-Year-Old** A Few Seconds of Panic: A 5-Foot-8, 170-Pound, 43-Year-Old Sportswriter Plays in the NFL. Stefan Fatsis, Author . Penguin Press \$25.95 **A Few Seconds of Panic, A 5-Foot-8, 170-Pound, 43-Year-Old** - 54 sec Download A Few Seconds of Panic: A 5-Foot-8 170-Pound 43-Year-Old Sportswriter **A Few Seconds of Panic: A 5-Foot-8, 170-Pound, 43-Year-Old** Fatsis book on his experience is entitled, A Few Seconds of Panic: A 5-Foot-8, 170-Pound, 43-Year-Old Sportswriter Plays in the NFL. **A Few Seconds of Panic: A 5-Foot-8, 170-Pound, 43** - Goodreads A Few Seconds of Panic, A 5-Foot-8, 170-Pound, 43-Year-Old Sportswriter Plays in the NFL, 2008 publication [Stfsn Fatsis] on . *FREE* shipping on **A Few**

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