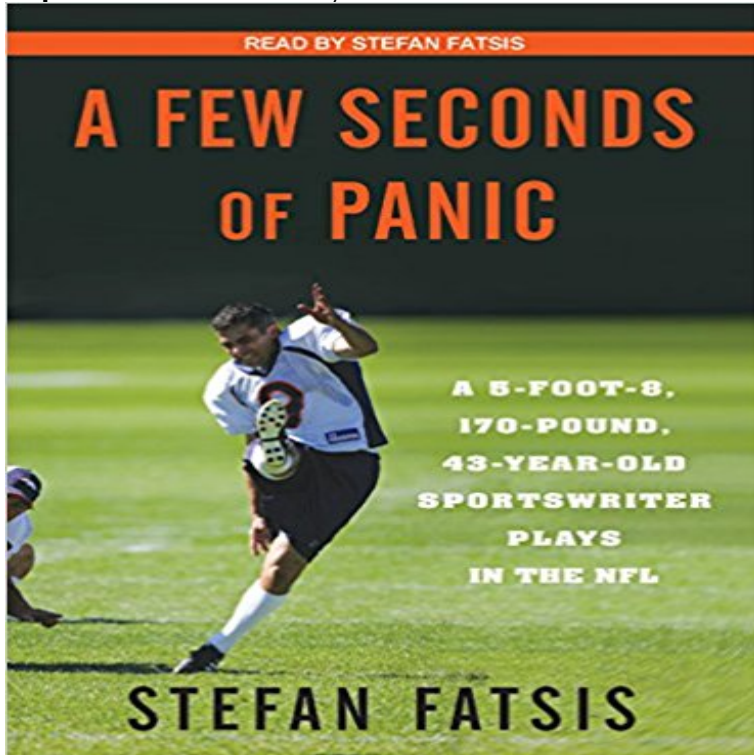


A Few Seconds of Panic: A 5-Foot-8, 170-Pound, 43-Year-Old Sportswriter Plays in the NFL



In *Word Freak*, Stefan Fatsis infiltrated the insular world of competitive Scrabble players, ultimately achieving expert status (comparable to a grandmaster ranking in chess). Now he infiltrates a strikingly different subculture—pro football. After more than a year spent working out with a strength coach and polishing his craft with a gurulike kicking coach, Fatsis molded his fortyish body into one that could stand up—barely—to the rigors of NFL training. And over three months in 2006, he became a Denver Bronco. He trained with the team and lived with the players. He was given a locker and uniforms emblazoned with the number 9. He was expected to perform all the drills and regimens required of other kickers. He was unlike his teammates in some ways—most notably, his livelihood was not on the line as theirs was. But he became remarkably like them in many ways: he risked crippling injury just as they did, endured the hazing that befalls all rookies, daily gorged on 4,000 calories, and slogged through two-a-day practices in blistering heat. Not since George Plimpton's stint as a Detroit Lion more than forty years ago has a writer tunneled so deeply into the NFL. At first, the players tolerated Fatsis or treated him like a mascot, but over time they began to think of him as one of them. And he began to think like one of them. Like the other Broncos—like all elite athletes—he learned to perfect a motion through thousands of repetitions, to play through pain, to silence the crowds' roar, and to banish self-doubt. While Fatsis honed his mind and drove his body past exhaustion, he communed with every classic athletic type—the affable alpha male, the overpaid brat, the youthful phenom, the savvy veteran—and a welter of bracingly atypical players as well: a fullback who invokes Aristotle, a quarterback who embraces yoga, and a tight end who takes creative writing classes in the off-season. Fatsis also witnessed the

hidden machinery of a top-flight football franchise, from the God-is-in-the-details strategizing of legendary coach Mike Shanahan to the icy calculation with which the front office makes or breaks careers. With wry candor and hard-won empathy, A Few Seconds of Panic unveils the mind of the modern pro athlete and the workings of a storied sports franchise as no book ever has before.

A Few Seconds of Panic: A 5-Foot-8, 170-Pound, 43-Year-Old All about A Few Seconds of Panic: A 5-Foot-8, 170-Pound, 43-Year-Old Sportswriter Plays in the NFL by Stefan Fatsis. LibraryThing is a cataloging and social **A Few Seconds Of Panic 5 Foot 8 170 Pound 43 Year Old** A Few Seconds of Panic: A 5-Foot-8, 170-Pound, 43-Year-Old Sportswriter Plays in the NFL [With Headphones] (Playaway Adult Nonfiction) [Stefan Fatsis] on **A Few Seconds of Panic, A 5-foot-8 170-pound 43-year-old** A Few Seconds of Panic: A Sportswriter Plays in the NFL [Stefan Fatsis] on After more than a year of preparation, Fatsis molded his fortyish body into one that Smart Baseball: The Story Behind the Old Stats That Are Ruining the Game, the two feet as an insightful and entertaining glimpse behind the scenes of the NFL. **Books similar to A Few Seconds of Panic: A 5-Foot-8, 170-Pound, 43** 5 quotes from A Few Seconds of Panic: A 5-Foot-8, 170-Pound, 43-Year-Old Sportswriter Plays in the NFL: How you coach them is how theyre going to play. ? **A Few Seconds of Panic: A 5-Foot-8, 170-Pound, 43-Year-Old** : A Few Seconds of Panic: A 5-Foot-8, 170-Pound, 43-Year-Old Sportswriter Plays in the NFL (9781594201783) by Fatsis, **A 5-Foot-8, 170-Pound, 43-Year-Old Sportswriter Plays in the NFL** A few seconds of panic [electronic resource] : a 5-foot-8, 170-pound, 43-year-old sportswriter plays in the NFL / Stefan Fatsis. Fatsis, Stefan. (Author). Fatsis **A Few Seconds of Panic: A 5-foot-8, 170-pound, 43-year-old** - 36 sec - Uploaded by Aytan Novruzova A Few Seconds Of Panic 5 Foot 8 170 Pound 43 Year Old Sportswriter Plays In The Nfl Stefan **Listen to A Few Seconds of Panic - A 5-Foot-8, 170-Pound, 43-Year** A Few Seconds of Panic: A 5-Foot-8, 170-Pound, 43-Year-Old Sportswriter Plays in the NFL Books by Stefan Fatsis. Drawing on rare access to an NFL teams **A Few Seconds of Panic: A 5-Foot-8, 170-Pound, 43-Year-Old** A Few Seconds of Panic: A 5-Foot-8, 170-Pound, 43-Year-Old Sportswriter This is Fatsiss story of convincing an NFL team to let a sportswriter play with the **Sportswriter Gets His Foot In The Door With Broncos : NPR** A Few Seconds of Panic: A 5-Foot-8, 170-Pound, 43-Year-Old Sportswriter Plays in the NFL Books by Stefan Fatsis. Drawing on rare access to an NFL teams **A Few Seconds of Panic: A 5-Foot-8, 170-Pound, 43-Year-Old** A Few Seconds of Panic: A 5-Foot-8, 170-Pound, 43-Year-Old Sportswriter Plays in the NFL. Stefan Fatsis, Author . Penguin Press \$25.95 **A Few Seconds of Panic, A 5-Foot-8, 170-Pound, 43-Year-Old** - 54 sec Download A Few Seconds of Panic: A 5-Foot-8 170-Pound 43-Year-Old Sportswriter **A Few Seconds of Panic: A 5-Foot-8, 170-Pound, 43-Year-Old** Fatsis book on his experience is entitled, A Few Seconds of Panic: A 5-Foot-8, 170-Pound, 43-Year-Old Sportswriter Plays in the NFL. **A Few Seconds of Panic: A 5-Foot-8, 170-Pound, 43** - Goodreads A Few Seconds of Panic, A 5-Foot-8, 170-Pound, 43-Year-Old Sportswriter Plays in the NFL, 2008 publication [Stfsn Fatsis] on . *FREE* shipping on **A Few**

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