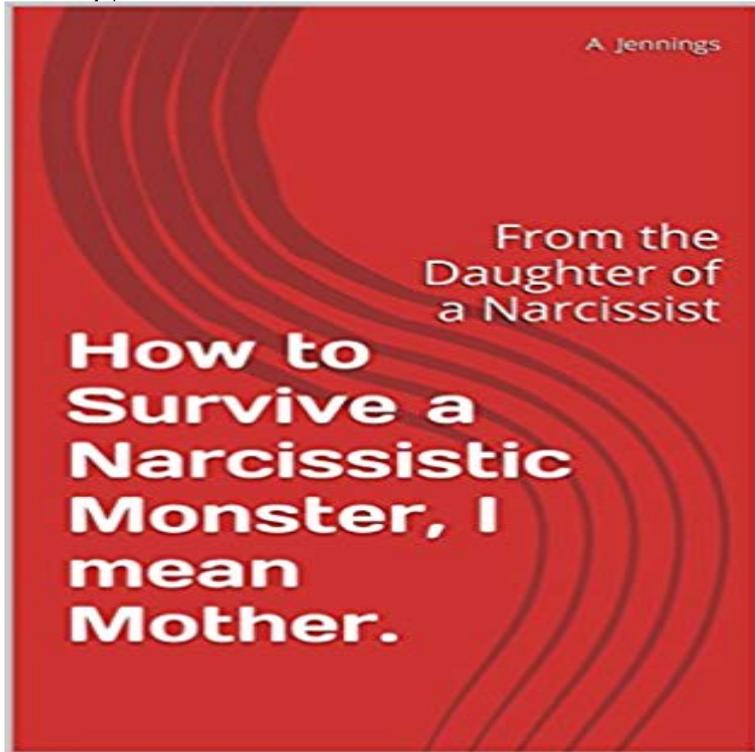


# How to Survive a Narcissistic Monster, I mean Mother.: From the Daughter of a Narcissist



I am the daughter of a narcissist and had to deal with her for 33 years off and on until I finally said enough is enough. I began the healing process for myself to heal from her abuse and finally learn what is normal, what is love, and what is not. This book is my journey.

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