

## Instant Pot Ultimate Cooking Time Guide: Become an Instant Pot expert with timing guides for over 300 different ingredients with top tips to create perfect ... Instant Pot How To Guides Book 2)



Are you an Instant Pot owner and want to become an expert user? If you have an Instant Pot electric pressure cooker and want to create new Instant Pot recipes or cook ingredients perfectly, you can with this official Instant Pot book containing the cooking time guidelines for hundreds of ingredients. It will be your go to companion that you can carry with you wherever you have your Instant Pot. Are you confused by cooking times and processes? Boil, braise, steam? Natural or quick pressure release? If you are confused by the best way to tackle an Instant Pot recipe, this book will help. Each group of ingredients has a guide on the best cooking methods and techniques for that food group. Book 2 of The Official Instant Pot Guides Will Help This book, part of the Official Instant Pot guide series, has been written by expert users and will guide you to quickly cook like an expert yourself. It contains the cooking time guidelines for over 300 different ingredients together with tips to create the perfect dish and get the most from your Instant Pot electric pressure cooker. Over 300 Ingredients Covered Covers seafood and fish, rice and grains, beans legumes and lentils, meat and poultry, vegetables, fruit. Includes guides on fresh and frozen timing and the best pressure release methods that you should use for each ingredient. This guide is suitable for use with the Instant Pot 6 in 1 Lux, the Instant Pot 7 in 1 Duo and the Instant Pot Smart. Teach you the best way to cook different foods Guide you as to the correct cooking time for a range of ingredients Advise you on the best pressure release process for each ingredient Bonus Tips As a bonus twenty top insider tips for Instant Pot success have been included in this guide. They are the tricks and hints that will help you get the most from your Instant Pot. Also included are links to further sources of information. Buy now and take the first steps to becoming an

Instant Pot expert.

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