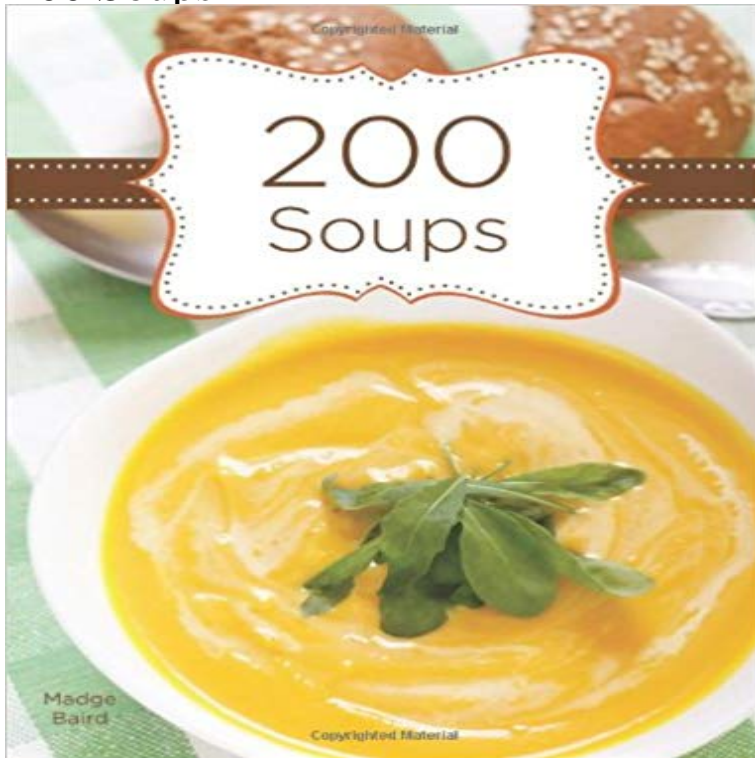


## 200 Soups



200 Soups is chock-full of tasty recipes using beans and lentils, fresh and frozen vegetables, beef, chicken, pork, fish, potatoes, tomatoes, and anything else you can find in the pantry. From simple Asian broth-based soups to creamy soups of pureed vegetables and hearty stews and chowders, home cooks will find a variety of recipes and techniques that build confidence in the kitchen while providing delicious, nutritious meals.

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